



10315 20TH ST. S.E. □ LAKE STEVENS, WA 98258 □ (425-334-3885)

BEFORE & AFTER SCHOOL PROGRAM

Parent Information



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Information about the program:

We start every afternoon with the kids at assigned table groups while we take attendance and have some time to talk with the kids about their days. From then we will separate the group into our two classrooms and follow our schedules. Every Friday we will either be doing a big art project or a cooking project before we start our movie for the day. Every Friday is movie day where the children can bring "G" or "PG" movies to share with the rest of our class. We love science and will be trying to have the kids do group science projects a few times a month. Monthly we follow a different theme which will be posted on our parent board and the theme will be announced every month in the newsletter. We will do art, science, writing and cooking project based on the themes. At Country Dawn, we are all about safety, learning, and having fun. If you have any comments or concerns, please feel free to let us know.



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Daily Schedule

Before School (AM)

5:30	Country Dawn Opens for the day
5:30 - 7:30	Breakfast and quiet activity
7:20 - 7:30	Teeth Brushing
7:30 - 8:00	Table toys/ centers
8:00 - 8:30	Get ready for school/ load busses

After School (PM)
Monday - Thursday
Classroom one

After School (PM)
Monday - Thursday
Classroom two

3:00-3:30	Greeting and separate		3:00-3:30	Greeting and separate
3:30- 4:00	Snack and reading time		3:30-4:00	Recess
4:00-4:30	Recess		4:00-4:30	Snack and reading
4:30-5:00	Activity, art and homework		4:30-5:00	Activity, art and homework
5:00-6:00	Free play and combine		5:00-6:00	Free play and combine
6:00	Country Dawn closes		6:00	Country Dawn closes

After School (PM)
Friday
Classroom one

After School (PM)
Friday
Classroom two

2:00-2:20	Greetings and separate		2:00-2:20	Greeting and separate
2:20-2:50	Circle time or recess		2:20-2:50	Circle time or recess
2:50-3:00	Art, reading and homework		2:50-3:00	Art, reading and homework
3:00-3:30	Snack/Cooking project		3:00-3:30	Snack/Cooking project
3:30-4:50	Movie		3:30-4:50	Movie
4:50-6:00	Science, free play and combine		4:50-6:00	Science, free play and combine
6:00	Country Dawn Closes		6:00	Country Dawn Closes



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Monthly Themes

SEPTEMBER:

All About Me
Family
Classroom Manners

FEBRUARY:

Emotions
Friendship
Valentine's Day

OCTOBER:

Safety
Fall "Spooky"
Halloween

MARCH:

Dr. Seuss
Music
St. Patrick's Day

NOVEMBER:

Family traditions
Culture
Thanksgiving

APRIL:

Spring
Kites
Rain

DECEMBER:

Winter
Bingo Month
Christmas

MAY:

Plants and flowers
Memorial Day
Mother's Day

JANUARY:

Space/ Planets
Hobbies
New Year

JUNE:

School Year reflection
Bugs/Gardening
Father's Day



**PARENTAL ALERT
SEVERE OR LIFE THREATENING FOOD ALLERGY**

Dear Parents:

I am writing to inform you that several children who are currently enrolled at Country Dawn have a life-threatening allergy to peanuts. If these children are exposed to peanuts in any form (even trace amounts), the child may experience a type of shock called anaphylaxis. Anaphylaxis is a reaction that affects the entire body and can result in the child not being able to breathe and cardiac arrest. The reaction is so severe that once symptoms are recognized medication must be given immediately to prevent death, and emergency medical personnel (911) must be called for immediate help.

Strict avoidance is the only way to prevent this type of severe reaction. The safest environment is one where there are no peanuts or foods containing any peanut products or traces of peanuts in the classroom or any area where the child may be. To achieve this safe environment we will need everyone's help. A huge risk is posed by other children who may unwittingly bring foods to school that contain peanuts, or peanut products. Even vapors from the food containing peanuts or peanut products can cause a sensitive child to have a severe reaction. Please check the labels on foods, and do not send any foods containing peanuts or peanut products of any kind to school. If you bring in foods for a special event or class party, bring only commercially prepared food in the original packaging (no home-prepared food, please!). All foods must be monitored closely, all labels must be checked for indications of peanuts or peanut products, and should there be any question as to the safety of the ingredients the food may not be served, or even opened.

I realize this will be an inconvenience, and we appreciate your help and understanding as we attempt to create the safest possible environment for all our children.

If you have any questions please do not hesitate to talk with your child's teacher, supervisory staff at the front desk, or myself. I would like to thank you for your help and understanding in this matter.

Sincerely,

A handwritten signature in black ink that reads "Julie Bliven".

Julie Bliven
Director