



10315 20 TH ST. S.E. □ LAKE STEVENS, WA 98258 □ (425) 334-3885

School Only
Monday - Friday
Pre-Kindergarten



Teacher: Jenna Allen

PARENT INFORMATION



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Dear Families,

Welcome to School Only M-F Pre-kindergarten class. My name is Jenna Allen and I am excited to be your child's teacher this school year! I have worked in childcare since 2000 and joined the Country Dawn team in 2015. In 2016 I became a lead teacher for our School Only Preschool class and in 2020 became the Supervisor for the Kindergarten building. I have completed my Child Development Association (CDA) from Bellingham Technical College. I have also completed the Washington State STARS training program. In my free time I love spending time with my family, being outdoors and exploring new places.

If you have any questions or concerns, feel free to call me at 425-334-5412 or email at countrydawnjenna@gmail.com . My hours are Monday – Friday 5:30am – 1:15pm.

Sincerely,
Jenna Allen
School Only M-F Pre-Kindergarten Teacher



MONDAY-FRIDAY PRE-KINDERGARTEN DAILY SCHEDULE

9:30 AM – 9:50 AM ... Welcome Circle Time
9:50 AM – 10:30 AM ... Snack / Reading
10:30 AM – 11:15 AM ... Group Time / Small
Centers /Academics /Art
11:15 AM – 11:45 AM ... Recess
11:45 PM – 12:30 PM ... Lunch
12:30 PM – 1:00 PM ... Goodbye Circle Time /
Group Games

THEMES

September

Learn About Me
Community Helpers
Farm

February

Friendship & Kindness
Valentine's Day
Prehistoric Times
Water Cycle

October

Germs
Planets & Space
Nocturnal Animals
Halloween

March

Dr. Suess
Rainforest
St. Patrick's Day
Springtime

November

Weather
Indigenous Peoples
Thanksgiving
African Animals & Habitats

April

Life Cycles
Easter
Our Earth
Extreme Weather

December

Holidays Around the World
Hibernation & Migration

May

Gardening
Insects & Bugs
Woodland Animals
Moms and Muffins

January

Arctic Animals
Healthy Habits
Seasons

June

Oceans
Construction
Dads and Donuts
Graduation

Pre-Kindergarten Objectives and Goals

Social / Emotional

- Participates in class discussions.
- Uses appropriate manners.
- Respects classmates.
- Shows respect for teachers.
- Talks in full sentences.
- Cleans up space when leaving.
- Able to play alone, and with other children.
- Able to be attentive to an activity 15 to 20 minutes.
- Is more creative with make believe play.

Large Muscle Coordination

- Walks with a heel to toe gait.
- Hops on one foot across room.
- Able to skip.
- Able to gallop.
- Able to throw and catch a ball.
- Able to balance on one foot.
- Able to kick a rolling ball.
- Able to somersault forward.
- Able to jump over a 3-inch object.

Small Muscle Coordination

- Can hold a pencil using a pincer grip.
- Able to cut with scissors with control.
- Able to glue with control.
- Able to trace patterns.
- Pours water from a small pitcher.
- Can draw a person.
- Colors with control.
- Can zip or button own coat.
- Able to string 10 beads.
- Able to put together a puzzle.

Cognitive

- Can repeat four lines of a simple song.
- Able to relate incidents, interpret pictures, and predict outcomes.
- Able to sequentially order four pictures.
- Able to follow three oral directions in correct order.
- Able to count 1 through 20.
- Able to recognize numbers 0 through 20.
- Able to match number of objects to numeral.
- Able to compare sets (more, less, larger, smaller).
- Recognizes shades of color.
- Detects a pattern.
- Able to sort/classify by (shapes, color, sizes, textures).
- Able to recognize shapes (triangle, circle, square, rectangle, oval, diamond).
- Able to recognize positions (first, last, before, after, next, between, over, under, above, below).
- Recognition of uppercase and lowercase letters of alphabet.
- Can recognize his/her own printed name.
- Can recognize his or own name when spelled orally.
- Speaks full name upon request.
- Able to relate age upon request.

Country Dawn uses a hands-on curriculum that includes small group activities, circle time, outside play, free choice play, theme-based arts and crafts, science, and baking activities. Basic academic skills: recognizing shapes, colors, letters, and numbers are incorporated throughout the day. Language and Social/Emotional development are practiced all day; expanding the children's vocabulary, their ability to communicate, play with peers, and follow the teacher's instruction. Country Dawn's curriculum follows the Early Learning Guidelines set by Washington State Department of Early Learning. (www.del.wa.gov) CDC Assessments are provided to families each fall and spring. We offer Pre-K families conferences and progress reports each year in the fall and spring.

Country Dawn
PRESCHOOL & CHILDCARE, INC.

**PARENTAL ALERT
SEVERE OR LIFE THREATENING FOOD ALLERGY**

Dear Parents:

I am writing to inform you that several children who are currently enrolled at Country Dawn have a life-threatening allergy to peanuts. If these children are exposed to peanuts in any form (even trace amounts), the child may experience a type of shock called anaphylaxis. Anaphylaxis is a reaction that affects the entire body and can result in the child not being able to breathe and cardiac arrest. The reaction is so severe that once symptoms are recognized medication must be given immediately to prevent death, and emergency medical personnel (911) must be called for immediate help.

Strict avoidance is the only way to prevent this type of severe reaction. The safest environment is one where there are no peanuts or foods containing any peanut products or traces of peanuts in the classroom or any area where the child may be. To achieve this safe environment we will need everyone's help. A huge risk is posed by other children who may unwittingly bring foods to school that contain peanuts, or peanut products. Even vapors from the food containing peanuts or peanut products can cause a sensitive child to have a severe reaction. Please check the labels on foods, and do not send any foods containing peanuts or peanut products of any kind to school. If you bring in foods for a special event or class party, bring only commercially prepared food in the original packaging (no home-prepared food, please!). All foods must be monitored closely, all labels must be checked for indications of peanuts or peanut products, and should there be any question as to the safety of the ingredients the food may not be served, or even opened.

I realize this will be an inconvenience, and we appreciate your help and understanding as we attempt to create the safest possible environment for all our children.

If you have any questions please do not hesitate to talk with your child's teacher, supervisory staff at the front desk, or myself. I would like to thank you for your help and understanding in this matter.

Sincerely,



Julie Bliven
Director