

# June Menu

# 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Country Dawn Lunches All Week - Soynut & Jam	31 All breakfasts are served with water and milk.	01 Breakfast: Bagels with cream cheese & apple slices	02 Breakfast: Breakfast burritos with ham, cheese, salsa & pineapple	03 Breakfast: Assorted cereals & applesauce
M - Grilled Cheese T - Tuna W - English Muffin Pizzas Th - Turkey & Cheese F - Quesadillas	Cheerios are also served as a breakfast option each day. Water is served with all snacks, unless posted otherwise. * 30 months and under	AM: Roasted cauliflower with Better Cheddar crackers PM: Boiled eggs with peas	AM: Goldfish crackers with cucumbers, bell peppers PM: Ginger Snaps with cantaloupe	AM: Mini bagels with cream cheese, bananas PM: Wheat Thin crackers with carrots (* bell peppers), hummus
06 Breakfast: Assorted cereals & grapes (* pineapple) AM: Graham crackers with mandarin oranges	07 Breakfast: Oatmeal & blueberries AM: Turkey cubes with Ritz crackers	08 Breakfast: Biscuits with sausage gravy & pears AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks	09 Breakfast: Waffles with strawberries & whip cream AM: Cinnamon tortillas with applesauce	10 Breakfast: Assorted cereals & bananas AM: Tomato slices, zucchini with Saltine crackers
PM: Rice cakes with yogurt	PM: Apple slices, cheese cubes (* grated cheese)	PM: Pita bread with hummus, snap peas	PM: Popcorn with grapes (* crackers with pears)	PM: Tuna sandwiches with pickles
13 Breakfast: Assorted cereals & mandarin oranges AM: Wheat Thin crackers with cucumbers PM: Cheesy bread with peas	14 Breakfast: Scrambled eggs with ham and cheese & bananas AM: String cheese with goldfish crackers PM: Pineapple with graham crackers	15 Breakfast: Pancakes & orange slices AM: Pretzels with green beans	16 Breakfast: Croissants with strawberry jam & cantaloupe AM: Ritz crackers with roasted broccoli PM: Teddy grahams with mandarin oranges	17 Breakfast: Assorted cereals & strawberries AM: Vanilla wafers with bananas PM: Ham and cream cheese rolls with snap peas
20 Breakfast: Assorted cereals & bananas AM: Goldfish crackers with bell peppers, zucchini PM: Carrots and cheese cubes (* sliced cheese & cucumbers)	21 Breakfast: French toast & peaches AM: Celery, broccoli (* roasted), hummus, pita bread PM: Vanilla yogurt with mixed berries	22 Breakfast: Oatmeal & apple slices AM: Rice cakes with pears PM: Bean and cheese tortillas with olives	23 Breakfast: Cinnamon toast & mixed berries AM: Breadsticks with cauliflower, tomato slices, ranch PM: Orange slices with popcorn (* crackers)	24 Breakfast: Assorted cereals & kiwi AM: String cheese with roasted potatoes PM: Vanilla pudding with bananas
27 Breakfast: Assorted cereals & pears AM: Green beans with Saltine crackers PM: Soy butter and jam sandwiches & milk	28 Breakfast: English muffins with strawberry jam or soy butter & mandarin oranges AM: Fig newtons with grapes (* pineapple) PM: Pretzels, carrots, celery (* cucumbers)	29 Breakfast: Bagels with cream cheese & apple slices AM: Roasted cauliflower with Better Cheddar crackers PM: Boiled eggs with peas	30 Breakfast: Breakfast burritos with ham, cheese, salsa & pineapple AM: Goldfish crackers with cucumbers, bell peppers PM: Ginger Snaps with cantaloupe	01 Breakfast: Assorted cereals & kiwi AM: String cheese with roasted potatoes PM: Vanilla pudding with bananas