



10315 20 TH ST. S.E. LAKE STEVENS, WA 98258 (425) 334-3885

Pre-Toddler Program



Teacher: Brandy Coan

Parent Information Package



Proudly Participating in Early Achievers



Dear Pre-Toddler Families,

My name is Brandy Coan and I am the teacher in your child's Pre-Toddler classroom. I started at Country Dawn in 2018 working with the kindergarten group and then in the Pre-Toddler and Older Toddler classrooms as their teacher. I am excited to get to know you and your child. My goals for this year are to help your child grow mentally and emotionally and to learn to be more independent.

A little about me:

I have been married to my high school sweetheart since 1995. We have four children together, two boys and two girls. We also have a Lab named Gypsy. We live here in Lake Stevens and absolutely love it! I enjoy spending time with my family, watching the Mariners, going to the ocean, and watching comedies. I have years of experience including working at other childcare centers and being a nanny.

I look forward to meeting you and getting to know your little ones. Please feel free to message me through Procare or email me at countrydawnbrandy@gmail.com with any questions or concerns you may have.

Sincerely,

A handwritten signature in blue ink that reads "Brandy Coan".

Brandy Coan

Pre-Toddler Teacher



Listed below are a few tips, hints and reminders that will help us all have a smooth transition when coming to school.

*If you bring your child to school before 7:30, you will be dropping them off next door in the Toddler room until I arrive.

***Breakfast is served until 7:30am every day.**

*Breakfast and lunch are served with milk. Snacks are served with water.

***Please do not send your child baby food for lunch.** It is very hard to feed all 12 children at once.

***Please send finger foods** that are cut into pieces how you would like your child to eat them (besides items like bananas that brown and oxidize). Pouches are an easy alternative as they are easy for the kids to feed themselves.

***No bottles please,** we are trying to eliminate their use due to health and hygiene reasons. We provide sippy cups for milk and water until we transition to cups in the spring.

***Please send a labeled lunch box with an ice pack** for your child's lunch. We do not have a refrigerator in our classroom and all lunches are stored tightly in a cabinet. Labeling your child's containers will help avoid confusion.

*Country Dawn offers a variety of lunch options that can be ordered at the front desk. **Please have your order in before 10:00am.**

*You are welcome to bring heat up options for your child's lunch; we just ask that we can do so in the **microwave in less than one minute**

*Country Dawn is **Peanut Free.** Please use alternatives such as soy nut butter and check food labels for lunch items that are processed with peanuts.

***Please have your child at Country Dawn before 11:00am,** so there are no disruptions during lunch and nap time.

***Please bring your child a blanket** for nap time they can also have a pillow, stuffed animal or pacifier if needed. We will send these items home at the end of each week so they can be washed. We will provide a mat for your child to use individually.

***Please** send a medium to large package of disposable diapers and we will let you know when they are running low. Country Dawn supplies diaper wipes.

*If your child needs **diaper cream,** please bring it in and we will have you fill out a consent form so we can apply it.

***Please** bring a change of clothes to leave in your child's cubby in case they need to be changed throughout the day.

***Shoes** are required to be worn at all times.

***Please** bring a coat, sweatshirt or raincoat daily. We go outside twice a day, unless it's really wet.

***Please** send in **sunscreen** and we will have you fill out a consent form, so we can apply it.

*The first stall in the Country Dawn parking lot is for handicap parking only.

*Please call and let the front desk know if your child will not be coming to school.

*Saturday night care is offered at Country Dawn every month. If you need care or have any questions please sign up at the front desk. Space is limited and fills up rather quickly.



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Pre-Toddler Program Daily Schedule

- 5:30 AM → Country Dawn Opens**
5:30 AM – 7:30 AM --- Breakfast & Free Play
7:30 AM – 8:30 AM --- Free Play
8:30 AM – 9:00 AM --- Diaper changes
9:00 AM – 9:30 AM --- Snack
9:30 AM – 10:00 AM --- Free Play
10:00 AM – 10:30 AM --- Outside Play (Weather Permitting) or Free Play inside
10:30 AM – 11:00 AM --- Diaper changes
11:00 AM – 11:30 AM --- Circle Time & Prepare Lunches
11:30 AM – 12:00 PM --- Hand Washing, Lunch & Diaper changes
12:00 PM – 2:45 PM --- Naptime
2:45 PM – 3:00 PM --- Diaper changes & Snack
3:00 PM – 3:30 PM --- Outside Play (Weather Permitting) or Free Play inside
4:15 PM – 4:45 PM --- Diaper changes & Free Play
4:45 PM – 5:00 PM --- Small Snack
5:00 PM – 6:00 PM --- Free Play
6:00 PM → Country Dawn closes for the day.

Free Play activities include: Books, Play Laptops, Musical Instrument Toys, Soft Blocks, Puppets, Babies, Kitchen Area/Food/Dishes, Cars, Pull Toys, Fine Motor Toys, Magnet Wall, Quiet Area, Ballet Bar and Wooden Steps.

Outside Play activities include: Climbing Structure, Slides, Play Boat, Playhouses, Push Toys (Trucks, Buses & Cars), Blocks, Water Buckets, Paint Brushes, Balls, Bubbles and Balance Beams.



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Pre-Toddler Themes

September

All About Me
Birds
Farm Animals
Apples

October

Pumpkins
Color Orange
Fall
Halloween

November

Turkeys
Colors Yellow & Brown
Leaves

December

Colors Red & Green
Snowflakes
Penguins

January

New Year
Snowmen
Colors Blue & White
Snow

February

Colors Pink & Red
Hearts
Feelings

March

Color Green
Shamrocks
Rainbows
St. Patrick's Day
Transportation

April

Color Yellow
Baby Farm Animals
Bunnies / Rabbits / Chicks
Butterflies / Dragon Flies

"April showers bring May flowers."

May

Mother's Day
Flowers
Lady Bugs / Insects

June

Father's Day
Fish
Vegetables
Bumble Bees

July

Flags
Water Animals
Fourth of July
Stars

August

Sun
Moon
Fruits and Vegetables
Ice Cream & Popsicles

Pre-Toddler Objectives and Goals

Social / Emotional

- Recognition of primary caregivers.
- Able to sit in chairs at table at mealtimes (Pre-Toddler size chairs).
- Drink from A "sippy" or regular cup.
- Give up pacifiers.
- Use Blanket only at nap time.
- Spend three to five minutes on an activity.
- Eating on own with utensils.

Cognitive

- Can sign "please" and "more"
- Can follow one simple oral instruction.
- Participates with caregiver to dress and undress self.
- Names three to four body parts.
- Uses single word sentences.
- Can make animal sounds of familiar animals when given their name.
- Plays near one other child with separate activities.
- Beginning recognition of colors, numbers, and alphabet letters.

Large Muscle Coordination

- Dances to music.
- Can walk up steps with help.
- Can push and / or pull a toy while walking.
- Can move scooter bikes forward without help.
- Can move scooter bikes backward without help.
- Can climb on play structures.
- Can run outside.

Small Muscle Coordination

- Can make marks with (large) crayon or pencil (scribbles).
- Able to put in and take out, 2 to 3 objects from a container.
- Can put 5 rings on a peg.
- Can stack large (3" to 6") blocks up to form a stack 12" tall.

Country Dawn provides a hands-on curriculum that includes small group time, circle time, outside play, free choice play, theme-based arts, and crafts activities. Basic academic skills: recognizing shapes, colors, letters, and numbers are incorporated throughout the day. Language and Social/Emotional development are practiced all day; expanding the children's vocabulary, their ability to communicate, play with peers, and follow the teacher's instruction. Country Dawn offers Elevate Music Together, which is an internationally recognized early childhood program providing music and movement for children. Country Dawn's curriculum follows the Early Learning Guidelines set by Washington State Department of Early Learning (www.del.wa.gov). CDC Assessments are provided to families each fall and spring. Teacher Parent Conferences start in the Preschool classrooms however, a conference is provided to any of our families when requested. Country Dawn also participates in Early Achievers, which is Washington's Quality Rating and Improvement System.



**PARENTAL ALERT
SEVERE OR LIFE THREATENING FOOD ALLERGY**

Dear Parents:

I am writing to inform you that several children who are currently enrolled at Country Dawn have a life-threatening allergy to peanuts. If these children are exposed to peanuts in any form (even trace amounts), the child may experience a type of shock called anaphylaxis. Anaphylaxis is a reaction that affects the entire body and can result in the child not being able to breathe and cardiac arrest. The reaction is so severe that once symptoms are recognized medication must be given immediately to prevent death, and emergency medical personnel (911) must be called for immediate help.

Strict avoidance is the only way to prevent this type of severe reaction. The safest environment is one where there are no peanuts or foods containing any peanut products or traces of peanuts in the classroom or any area where the child may be. To achieve this safe environment we will need everyone's help. A huge risk is posed by other children who may unwittingly bring foods to school that contain peanuts, or peanut products. Even vapors from the food containing peanuts or peanut products can cause a sensitive child to have a severe reaction. Please check the labels on foods, and do not send any foods containing peanuts or peanut products of any kind to school. If you bring in foods for a special event or class party, bring only commercially prepared food in the original packaging (no home-prepared food, please!). All foods must be monitored closely, all labels must be checked for indications of peanuts or peanut products, and should there be any question as to the safety of the ingredients the food may not be served, or even opened.

I realize this will be an inconvenience, and we appreciate your help and understanding as we attempt to create the safest possible environment for all our children.

If you have any questions please do not hesitate to talk with your child's teacher, supervisory staff at the front desk, or myself. I would like to thank you for your help and understanding in this matter.

Sincerely,

A handwritten signature in black ink, appearing to read "Julie Bliven".

Julie Bliven
Director



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Pre-Toddler Questionnaire

Please help us know your child better.

Child's full Name:	Date of birth:
Child's Nick Name(s):	
Parent/Guardian Name:	
Parent/Guardian Name:	
Sibling's (Names, Nick names, and ages):	
Foods your child prefers:	
Foods, and / or beverages, you would prefer you child did NOT have:	
Allergies or sensitivities to food, insects, animals, medications, etc.:	
Your child's favorite toy or toys, at home are:	
Please list any security objects such as blanket, stuffed animal, or other security objects you child may have, and please indicate what your child calls these objects.	
Does your child use a bottle or pacifier? If yes which one?	
List any activities you especially enjoy with your child.	
Please describe your child's schedule when not at Country Dawn.	
If there is any additional information you would like to share with us that we did not specifically ask for please do. This may include any specific goals you may have for your child. You may use the back of this form if necessary.	



Medication Consent Form

Diaper Rash Ointments/Creams Only

Note: This form is to be used for ointments or creams (prescription or non-prescription) used for "diaper rash" only.

Child's Full Legal Name: _____ Date Initiated: _____

Name of ointment/cream: _____
Note: Prescription and non-prescription ointments/creams (medications) may only be administered in accordance with instructions on the label.

How often is the ointment/cream to be administered? _____

How is the ointment/cream to be administered? _____

Remarks: _____

Parent/Guardian please initial the following statements:
 I hereby authorize Country Dawn staff members to administer the ointment/cream(s) listed above.
 I understand that this authorization is to remain in effect until rescinded by me.

Parent/Guardian Signature: _____ Date: _____

Country Dawn staff use only.
Note: Read the label(s) before administering any medication.

Medication Record

Date	Time	Name of Ointment/Cream	Applied by (Staff name)
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Note: Medication record continues on back of form

MEDICATION DISPOSITION:
Check one of the following: Ointment/Cream(s) completed and returned to parent.
 Ointment/Cream(s) container empty and returned to parent/guardian.
Staff Member Signature: _____ Date: _____

Country Dawn staff use only.