



10315 20TH ST. S.E. □ LAKE STEVENS, WA 98258 □ (425-334-3885)

BEFORE & AFTER SCHOOL PROGRAM

Teacher: Natalie Stevens

Parent Information



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Hello Before & After school families,

My name is Natalie Stevens, and I am pleased to be your child's after school teacher. I discovered my love for working with children after volunteering at my daughter's preschool several years ago. Since then, I've worked with children from toddlers through school aged as both a nanny and in Early Childhood Education. I've had a lot of fun leading many summer camps. The community of Lake Stevens has been my home now for almost 2 years with my husband, daughter, and our dog Barney. As a family we enjoy the outdoors as much as we can, especially summers on our beautiful lake. I also love to read, practice yoga when I can, and I believe that we can continue to learn and grow at any age. I'm currently teaching myself to play the piano. I look forward to supporting your child in our Before & After school program.

Information about the program:

Monthly we follow a different theme which will be posted on our parent board and the theme will be announced every month in the newsletter. We will do art, science, writing, and cooking project based on the themes. Every Friday is movie day where the children can bring "G" or "PG" movies to share with the rest of our class. At Country Dawn, we are all about safety, learning, and having fun.

If you have any comments or concerns, please feel free to let us know. You can email me at countrydawnnatalie@gmail.com or call 425-334-5412.

Sincerely,

Natalie Stevens



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Daily Schedule

Before School (AM)

5:30	Country Dawn Opens
5:30 – 7:30	Breakfast and quiet activity
7:30 – 8:30	Table toys / Art
8:30 – 9:00	Clean up / Teacher's choice
9:00 – 9:15	Get ready for school
8:00 – 8:30	Load busses for School

After School (PM)

Monday - Thursday

4:00	Back from School
4:00 – 4:45	Homework / Table Toys / Snack
4:45 – 5:15	Recess
5:15 – 5:45	Free Choice
5:45 – 6:00	Clean up / Reading
6:00	Country Dawn Closes

After School (PM)

Friday

2:35	Back from School
2:35 – 3:00	Free Choice
3:00 – 3:30	Snack / Reading
3:30 – 4:00	Recess
4:00 – 5:45	Movie / Art / Activities
5:45 – 6:00	Clean up / Reading
6:00	Country Dawn Closes



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Monthly Themes

SEPTEMBER:

All About Me
Family
Classroom Manners

FEBRUARY:

Emotions
Friendship
Valentine's Day

OCTOBER:

Safety
Fall "Spooky"
Halloween

MARCH:

Dr. Seuss
Music
St. Patrick's Day

NOVEMBER:

Family traditions
Culture
Thanksgiving

APRIL:

Spring
Kites
Rain

DECEMBER:

Winter
Bingo Month
Christmas

MAY:

Plants and flowers
Memorial Day
Mother's Day

JANUARY:

Space/ Planets
Hobbies
New Year

JUNE:

School Year reflection
Bugs/Gardening
Father's Day



**PARENTAL ALERT
SEVERE OR LIFE THREATENING FOOD ALLERGY**

Dear Parents:

I am writing to inform you that several children who are currently enrolled at Country Dawn have a life-threatening allergy to peanuts. If these children are exposed to peanuts in any form (even trace amounts), the child may experience a type of shock called anaphylaxis. Anaphylaxis is a reaction that affects the entire body and can result in the child not being able to breathe and cardiac arrest. The reaction is so severe that once symptoms are recognized medication must be given immediately to prevent death, and emergency medical personnel (911) must be called for immediate help.

Strict avoidance is the only way to prevent this type of severe reaction. The safest environment is one where there are no peanuts or foods containing any peanut products or traces of peanuts in the classroom or any area where the child may be. To achieve this safe environment we will need everyone's help. A huge risk is posed by other children who may unwittingly bring foods to school that contain peanuts, or peanut products. Even vapors from the food containing peanuts or peanut products can cause a sensitive child to have a severe reaction. Please check the labels on foods, and do not send any foods containing peanuts or peanut products of any kind to school. If you bring in foods for a special event or class party, bring only commercially prepared food in the original packaging (no home-prepared food, please!). All foods must be monitored closely, all labels must be checked for indications of peanuts or peanut products, and should there be any question as to the safety of the ingredients the food may not be served, or even opened.

I realize this will be an inconvenience, and we appreciate your help and understanding as we attempt to create the safest possible environment for all our children.

If you have any questions please do not hesitate to talk with your child's teacher, supervisory staff at the front desk, or myself. I would like to thank you for your help and understanding in this matter.

Sincerely,

A handwritten signature in black ink that reads "Julie Bliven". The signature is written in a cursive, flowing style.

Julie Bliven
Director