

JANUARY

Dear Families,

Happy New Year!! I hope everyone had a great holiday and winter break! If you haven't seen our holiday program yet, you may access it on Youtube at the Country Dawn page. Special Thanks again to Santa who visited, read a story and took pictures with the kids. Our pajama party was a blast, and a great way to end our year! This month, we will start practicing Name recognition, writing and identifying letters K, U and X, briefly review numbers 1-10, then practice counting and writing to 15. So excited for all the fun things I have planned this month!



Themes of December:

Winter
Arctic Animals
Healthy Habits (Tooth Brushing)



Important information and Dates:

- January 2nd **Country Dawn Closed** (Happy New Year)
- January 14th Saturday Night Care (Sign up at Main Building with \$20 cash deposit)
- Watch your emails for your 2022 tax statements, they will be sent out soon.

Weather Alerts

Please check our websites, facebook or instagram page for school closures or late starts

No January Birthdays

Ms. Marie

T-TH Preschool School Only
425-334-5412
countrydawnmarie@gmail.com

Saturday Night Care

January 14th

4:00 – 10:30

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour



January Menu



2023

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| 02 | 03 | 04 | 05 | 06 |
| COUNTRY | Breakfast: French toast & peaches AM: Celery, broccoli (* roasted), hummus, pita bread | Breakfast: Oatmeal & apple slices AM: Rice cakes with pears | Breakfast: Cinnamon toast & mixed berries AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato) | Breakfast: Assorted cereals & kiwi AM: String cheese with roasted potatoes |
| 09 | 10 | 11 | 12 | 13 |
| CLOSED | PM: Vanilla yogurt with mixed berries Breakfast: English muffins with strawberry jam or soy butter & mandarin oranges AM: Fig newtons with grapes (* pineapple) PM: Pretzels, carrots, celery (* cucumbers) | PM: Bean and cheese tortillas with olives Breakfast: Bagels with cream cheese & apple slices AM: Roasted cauliflower with Better Cheddar crackers PM: Boiled eggs with peas | PM: Orange slices with popcorn (* crackers) Breakfast: Breakfast burritos with ham, cheese, salsa & pineapple AM: Goldfish crackers with cucumbers, bell peppers PM: Ginger Snaps with cantaloupe | PM: Vanilla pudding with bananas Breakfast: Assorted cereals & applesauce AM: Mini bagels with cream cheese, bananas PM: Wheat Thin crackers with carrots (* bell peppers), |
| 16 | 17 | 18 | 19 | 20 |
| Breakfast: Assorted cereals & grapes (* pineapple) AM: Graham crackers with mandarin oranges | Breakfast: Oatmeal & blueberries AM: Turkey cubes with Ritz crackers | Breakfast: Biscuits with sausage gravy & pears AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks | Breakfast: Waffles with strawberries & whip cream AM: Cinnamon tortillas with applesauce | Breakfast: Assorted cereals & bananas AM: Tomato slices, zucchini with Saltine crackers |
| 23 | 24 | 25 | 26 | 27 |
| PM: Rice cakes with yogurt Breakfast: Assorted cereals & mandarin oranges AM: Wheat Thin crackers with cucumbers PM: Cheesy bread with peas | PM: Apple slices, cheese cubes (* grated cheese) Breakfast: Scrambled eggs with ham and cheese & bananas AM: String cheese with goldfish crackers PM: Pineapple with graham crackers | PM: Pita bread with hummus, snap peas Breakfast: Pancakes & orange slices AM: Pretzels with green beans | PM: Popcorn with grapes (* crackers with pears) Breakfast: Croissants with strawberry jam & cantaloupe AM: Ritz crackers with roasted broccoli | PM: Tuna sandwiches with pickles Breakfast: Assorted cereals & strawberries AM: Vanilla wafers with bananas PM: Ham and cream cheese roll ups with snap peas |
| 30 | 31 | | | |
| Breakfast: Assorted cereals & bananas AM: Goldfish crackers with bell peppers, zucchini PM: Carrots and cheese cubes (* sliced cheese & cucumbers) | Breakfast: French toast & peaches AM: Celery, broccoli (* roasted), hummus, pita bread PM: Vanilla yogurt with mixed berries | | | |

Country Dawn Lunches
 All Week - Soynut & Jam
 M - Grilled Cheese
 T - Tuna
 W - English Muffin Pizzas
 Th - Turkey & Cheese
 F - Quesadillas

All breakfasts are served with water and milk.
 Cheerios are also served as a breakfast option each day.
 Water is served with all snacks, unless posted otherwise.
 * 30 months and under