


Pre-K January's Newsletter



Welcome back and a happy New Year! I hope everyone had a wonderful and restful winter break. This month the class will be focusing more on writing the letters of their name and cutting skills. With the weather, as cold as it has been, please make sure your child has a coat, mittens and hat for recess.



Weather delays

We follow the Lake Stevens School District for any weather delays. If the schools are running 2 hours late or no school our class will be canceled. Make sure to check Country Dawn's Instagram, facebook or the website for updates. www.countrydawnpreschool.com 425.334.3885 (office number)

Themes: Winter, Polar Animals, Space

Birthdays: Rily 1/14

Reminders:

- Class starts at 9:30am. Please call or email if your child will be more than 10 minutes late to class.
- Class ends at 1pm
- Tax Statements will be out soon.
- 1/3: Welcome back to school.
- 1/14: Saturday Night Care. Sign up at the office or call 425-334-3885
- 1/16: **NO school** (MLK day)
- 1/30: **NO school.**
- 2/20: **CLOSED** (President's Day)

Thank you.
Ms. Jenna
425-334-5412
countrydawnjenna@gmail.com

Saturday Night Care

January 14th

4:00 – 10:30

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour



January Menu



2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02	03	04	05	06
COUNTRY	Breakfast: French toast & peaches AM: Celery, broccoli (* roasted), hummus, pita bread	Breakfast: Oatmeal & apple slices AM: Rice cakes with pears	Breakfast: Cinnamon toast & mixed berries AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato)	Breakfast: Assorted cereals & kiwi AM: String cheese with roasted potatoes
09	10	11	12	13
CLOSED	PM: Vanilla yogurt with mixed berries Breakfast: English muffins with strawberry jam or soy butter & mandarin oranges AM: Fig newtons with grapes (* pineapple) PM: Pretzels, carrots, celery (* cucumbers)	PM: Bean and cheese tortillas with olives Breakfast: Bagels with cream cheese & apple slices AM: Roasted cauliflower with Better Cheddar crackers PM: Boiled eggs with peas	PM: Orange slices with popcorn (* crackers) Breakfast: Breakfast burritos with ham, cheese, salsa & pineapple AM: Goldfish crackers with cucumbers, bell peppers PM: Ginger Snaps with cantaloupe	PM: Vanilla pudding with bananas Breakfast: Assorted cereals & applesauce AM: Mini bagels with cream cheese, bananas PM: Wheat Thin crackers with carrots (* bell peppers),
16	17	18	19	20
Breakfast: Assorted cereals & grapes (* pineapple) AM: Graham crackers with mandarin oranges	Breakfast: Oatmeal & blueberries AM: Turkey cubes with Ritz crackers	Breakfast: Biscuits with sausage gravy & pears AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks	Breakfast: Waffles with strawberries & whip cream AM: Cinnamon tortillas with applesauce	Breakfast: Assorted cereals & bananas AM: Tomato slices, zucchini with Saltine crackers
23	24	25	26	27
PM: Rice cakes with yogurt Breakfast: Assorted cereals & mandarin oranges AM: Wheat Thin crackers with cucumbers PM: Cheesy bread with peas	PM: Apple slices, cheese cubes (* grated cheese) Breakfast: Scrambled eggs with ham and cheese & bananas AM: String cheese with goldfish crackers PM: Pineapple with graham crackers	PM: Pita bread with hummus, snap peas Breakfast: Pancakes & orange slices AM: Pretzels with green beans	PM: Popcorn with grapes (* crackers with pears) Breakfast: Croissants with strawberry jam & cantaloupe AM: Ritz crackers with roasted broccoli PM: Teddy grahams with mandarin oranges	PM: Tuna sandwiches with pickles Breakfast: Assorted cereals & strawberries AM: Vanilla wafers with bananas PM: Ham and cream cheese rolls with snap peas
30	31			
Breakfast: Assorted cereals & bananas AM: Goldfish crackers with bell peppers, zucchini PM: Carrots and cheese cubes (* sliced cheese & cucumbers)	Breakfast: French toast & peaches AM: Celery, broccoli (* roasted), hummus, pita bread PM: Vanilla yogurt with mixed berries			

Country Dawn Lunches
 All Week - Soynut & Jam
 M - Grilled Cheese
 T - Tuna
 W - English Muffin Pizzas
 Th - Turkey & Cheese
 F - Quesadillas

All breakfasts are served with water and milk.
 Cheerios are also served as a breakfast option each day.
 Water is served with all snacks, unless posted otherwise.
 * 30 months and under