

Pre-K Newsletter January 2023



Welcome back to the start of a New Year, 2023! We hope everyone had a wonderful holiday and a happy New Year! It was really exciting to see everyone's family for our Christmas Program and we had a blast at our Christmas class party, thank you for all the treats.

Themes for the Month:

Winter, Arctic Animals and Healthy Habits (Brushing Teeth)



Birthdays for the Month:

Mehdi 01/08

Class Reminders:

- **Closed** Monday, January 2nd - In observance of New Year's Day
- First day back after Winter Break will be Tuesday, January 3rd
- First day back for Pre-K is Wednesday, January 4th
- **No Pre-K** on Monday, January 16th - In observance of MLK Day
- **No Pre-K** on Monday, January 30th
- **Weather Alerts:** Please check our website, Facebook or Instagram page for school closures or late starts
- Watch your emails for your 2022 tax statements, they will be sent out soon
- Reminder to hold your child's hand when walking through the parking lot as there are a lot of vehicles coming and going
- Please lock your doors to your vehicles, we recently had someone trying to get into cars as parents were dropping off



Sooner Lacher
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Saturday Night Care

January 14th

4:00 – 10:30

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour



2023

January Menu



MONDAY 02	TUESDAY 03	WEDNESDAY 04	THURSDAY 05	FRIDAY 06
COUNTRY	Breakfast: French toast & peaches AM: Celery, broccoli (* roasted), hummus, pita bread	Breakfast: Oatmeal & apple slices AM: Rice cakes with pears	Breakfast: Cinnamon toast & mixed berries AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato)	Breakfast: Assorted cereals & kiwi AM: String cheese with roasted potatoes
DAWN	PM: Vanilla yogurt with mixed berries	PM: Bean and cheese tortillas with olives	PM: Orange slices with popcorn (* crackers)	PM: Vanilla pudding with bananas
CLOSED	10 Breakfast: English muffins with strawberry jam or soy butter & mandarin oranges AM: Fig newtons with grapes (* pineapple)	11 Breakfast: Bagels with cream cheese & apple slices AM: Roasted cauliflower with Better Cheddar crackers	12 Breakfast: Breakfast burritos with ham, cheese, salsa & pineapple AM: Goldfish crackers with cucumbers, bell peppers	13 Breakfast: Assorted cereals & applesauce AM: Mini bagels with cream cheese, bananas
09 Breakfast: Assorted cereals & pears AM: Green beans with Saltine crackers	PM: Pretzels, carrots, celery (* cucumbers)	PM: Boiled eggs with peas	PM: Ginger Snaps with cantaloupe	PM: Wheat Thin crackers with carrots (* bell peppers),
PM: Soy butter and jam sandwiches & milk	17 Breakfast: Oatmeal & blueberries AM: Turkey cubes with Ritz crackers	18 Breakfast: Biscuits with sausage gravy & pears AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks	19 Breakfast: Waffles with strawberries & whip cream AM: Cinnamon tortillas with applesauce	20 Breakfast: Assorted cereals & bananas AM: Tomato slices, zucchini with Saltine crackers
16 Breakfast: Assorted cereals & grapes (* pineapple) AM: Graham crackers with mandarin oranges	PM: Apple slices, cheese cubes (* grated cheese)	PM: Pita bread with hummus, snap peas	PM: Popcorn with grapes (* crackers with pears)	PM: Tuna sandwiches with pickles
PM: Rice cakes with yogurt	24 Breakfast: Scrambled eggs with ham and cheese & bananas AM: String cheese with goldfish crackers	25 Breakfast: Pancakes & orange slices AM: Pretzels with green beans	26 Breakfast: Croissants with strawberry jam & cantaloupe AM: Ritz crackers with roasted broccoli	27 Breakfast: Assorted cereals & strawberries AM: Vanilla wafers with bananas
23 Breakfast: Assorted cereals & mandarin oranges AM: Wheat Thin crackers with cucumbers	PM: Pineapple with graham crackers	PM: Boiled eggs with Triscuit crackers	PM: Teddy grahams with mandarin oranges	PM: Ham and cream cheese rolls with snap peas
PM: Cheesy bread with peas	31 Breakfast: French toast & peaches AM: Celery, broccoli (* roasted), hummus, pita bread			
30 Breakfast: Assorted cereals & bananas AM: Goldfish crackers with bell peppers, zucchini PM: Carrots and cheese cubes (* sliced cheese & cucumbers)				

All breakfasts are served with water and milk.

Cheerios are also served as a breakfast option each day.

Water is served with all snacks, unless posted otherwise.

* 30 months and under

Country Dawn Lunches

All Week - Soynut & Jam

M - Grilled Cheese

T - Tuna

W - English Muffin Pizzas

Th - Turkey & Cheese

F - Quesadillas