



Hi Families,

Welcome back to the start of a New Year, 2023. We hope everyone had a wonderful holiday and a happy New Year. It was a fun time with our winter break activities. My favorite was the chocolate coated pretzels!

Listed below is some important information for the month of January.

THEMES

New Year

Hobbies

Space

BIRTHDAYS

Nora 1/3

Travis 1/13

Seth 1/22

Rainer 1/20

REMINDERS

- We are CLOSED Monday, January 2nd.
- First day back after winter break is Tuesday, January 3rd.
- Saturday Night Care – January 14th. You can sign up at the front desk with a \$20 cash deposit
- School Only & School Age – NO SCHOOL Monday, January 16th MLK and Monday, January 30th
- Country Dawn CLOSED Monday, February 20th President's Day
- Weather Alerts – please check our website, Facebook or Instagram page for school closures or late starts
- Watch your emails for your 2022 tax statements, it will be sent out soon.
- Please make sure you hold your child's hand when walking through the parking lot as there are a lot of vehicles coming and going. Also, lock your doors to your vehicles. We recently had someone trying to get into cars as parents were dropping off.

Please don't hesitate to reach out to me if needed. My email address is

countrydawnnatalie@gmail.com

Miss Natalie and the School-age building staff

425-334-5412

Saturday Night Care

January 14th

4:00 – 10:30

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour



2023

January Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02	03	04	05	06
COUNTRY	Breakfast: French toast & peaches AM: Celery, broccoli (* roasted), hummus, pita bread	Breakfast: Oatmeal & apple slices AM: Rice cakes with pears	Breakfast: Cinnamon toast & mixed berries AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato)	Breakfast: Assorted cereals & kiwi AM: String cheese with roasted potatoes
09	10	11	12	13
CLOSED	PM: Vanilla yogurt with mixed berries Breakfast: English muffins with strawberry jam or soy butter & mandarin oranges AM: Fig newtons with grapes (* pineapple) PM: Pretzels, carrots, celery (* cucumbers)	PM: Bean and cheese tortillas with olives Breakfast: Bagels with cream cheese & apple slices AM: Roasted cauliflower with Better Cheddar crackers PM: Boiled eggs with peas	PM: Orange slices with popcorn (* crackers) Breakfast: Breakfast burritos with ham, cheese, salsa & pineapple AM: Goldfish crackers with cucumbers, bell peppers PM: Ginger Snaps with cantaloupe	PM: Vanilla pudding with bananas Breakfast: Assorted cereals & applesauce AM: Mini bagels with cream cheese, bananas PM: Wheat Thin crackers with carrots (* bell peppers),
16	17	18	19	20
Breakfast: Assorted cereals & grapes (* pineapple) AM: Graham crackers with mandarin oranges	Breakfast: Oatmeal & blueberries AM: Turkey cubes with Ritz crackers	Breakfast: Biscuits with sausage gravy & pears AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks	Breakfast: Waffles with strawberries & whip cream AM: Cinnamon tortillas with applesauce	Breakfast: Assorted cereals & bananas AM: Tomato slices, zucchini with Saltine crackers
23	24	25	26	27
PM: Rice cakes with yogurt Breakfast: Assorted cereals & mandarin oranges AM: Wheat Thin crackers with cucumbers PM: Cheesy bread with peas	PM: Apple slices, cheese cubes (* grated cheese) Breakfast: Scrambled eggs with ham and cheese & bananas AM: String cheese with goldfish crackers PM: Pineapple with graham crackers	PM: Pita bread with hummus, snap peas Breakfast: Pancakes & orange slices AM: Pretzels with green beans	PM: Popcorn with grapes (* crackers with pears) Breakfast: Croissants with strawberry jam & cantaloupe AM: Ritz crackers with roasted broccoli	PM: Tuna sandwiches with pickles Breakfast: Assorted cereals & strawberries AM: Vanilla wafers with bananas PM: Ham and cream cheese rolls with snap peas
30	31			
Breakfast: Assorted cereals & bananas AM: Goldfish crackers with bell peppers, zucchini PM: Carrots and cheese cubes (* sliced cheese & cucumbers)	Breakfast: French toast & peaches AM: Celery, broccoli (* roasted), hummus, pita bread PM: Vanilla yogurt with mixed berries			

Country Dawn Lunches

- All Week - Soynut & Jam
- M - Grilled Cheese
- T - Tuna
- W - English Muffin Pizzas
- Th - Turkey & Cheese
- F - Quesadillas

All breakfasts are served with water and milk.

Cheerios are also served as a breakfast option each day.

Water is served with all snacks, unless posted otherwise.

* 30 months and under