



Summer may have finally arrived! We haven't had any super hot days yet, but when we do we have to shorten our recess time when the temperatures are in the high 80s and 90s, and we cannot go outside at all in the 100s. The kids really need their outside time to get some fresh air and run off some energy. Our themes for the month are 4th of July, Beach, and Summer Fun.

Some dates to remember...

- We are closed Tuesday, July 4th for Independence Day.
- No Happy Feet July 5th.
- July 8th, Saturday Night Care. Please sign up at the front desk if you're interested with a \$20 deposit.
- Thursday, July 20th we are having an All-School Picnic (soy nut and jam sandwiches, fruit and veggies). Lunch will be provided but please let us know if your child would prefer to eat their lunch from home.
- Ms. Donah will be gone Thursday, July 20th until Thursday, August 29th. She'll be visiting family in the Philippines. We'll miss you, Ms. Donah!

Hopefully the warm mornings are coming so we can do more water play. The kids get to play in the sprinkler from 10 am -11 am when the weather's warm enough. If you'd like your child to participate please make sure they have swimwear or a complete change of clothes, water shoes or a second pair of shoes you don't mind getting wet, and a towel. We will send home their wet clothes the days we do water play so please check their bags daily.

It's a good idea to check your child's bag every once in a while to make sure they have adequate amounts of extra clothes that are weather appropriate. With the weather being so warm lately, we don't want to put your child in pants and long sleeves if we don't have to.

Please let us know if your child will be absent any time this month.

See attached calendar for more fun summer activities.

If you have any questions, feel free to contact me through the Procure App or email me at Countrydawnstefanie@gmail.com

Love,
Ms. Stefanie, Ms. Donah, and Ms. Kailey



July

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Snow Cones red, white, and blue Closed for the 4th	4	5	6	7	8
9	10 Ms. Faith movie day	11 Ms. Jessica movie day	12 Ms. Becky movie day	13 Ms. Vikki movie day	14	15
	Science week			Snow Cones Bounce house		
16	17 Ms. Faith movie day	18 Ms. Jessica movie day	19 Reptile Lady 9:00 - 10:00 Crazy socks	20 Ms. Vikki movie day Main building picnic - lunch provided by Country Dawn	21 Ms. Becky movie day Fancy Friday	22
23	24 Ms. Faith movie day Bounce house	25 Ms. Jessica movie day	26 Ms. Becky movie day	27 Ms. Vikki movie day Sports	28	29
				Snow Cones		

Saturday Night Care

July 8, 2023

4:00 – 10:30

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour



2023

July Menu



MONDAY

03
 Breakfast: Assorted cereals & pineapple
 AM: Graham crackers with mandarin oranges
 PM: Tuna sandwiches with pickles

10
 Breakfast: Assorted cereals & mandarin oranges
 AM: String cheese with goldfish crackers
 PM: Cheesy bread with peas

TUESDAY

04
Country Dawn
Closed for Independence Day

11
 Breakfast: Scrambled eggs with ham and cheese & bananas
 AM: Wheat Thin crackers with cucumbers
 PM: Pineapple with graham crackers

WEDNESDAY

05
 Breakfast: Assorted cereals & pineapple
 AM: Tomato slices, zucchini with Saltine crackers
 PM: Pita bread with hummus, snap peas

12
 Breakfast: Pancakes & orange slices
 AM: Pretzels with green beans
 PM: Cheese cubes with Triscuit crackers (* grated cheese and Ritz crackers)

THURSDAY

06
 Breakfast: Waffles with strawberries & whip cream
 AM: Cinnamon tortillas with applesauce
 PM: Popcorn with grapes (* crackers with pears)

13
 Breakfast: Croissants with strawberry jam & cantaloupe
 AM: Ritz crackers with roasted broccoli
 PM: Teddy grahams with mandarin oranges

FRIDAY

07
 Breakfast: Assorted cereals & bananas
 AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks
 PM: Rice cakes with yogurt

14
 Breakfast: Assorted cereals & strawberries
 AM: Vanilla wafers with bananas
 PM: Pita bread with hummus, snap peas

TUESDAY

18
 Breakfast: French toast & bananas
 AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato)
 PM: Vanilla yogurt with mixed berries

25
 Breakfast: English muffins with strawberry jam or soy butter & mandarin oranges
 AM: Fig newtons with grapes (* pineapple)
 PM: Pretzels, carrots, celery (* cucumbers)

WEDNESDAY

26
 Breakfast: Bagels with cream cheese & apple slices
 AM: Roasted cauliflower with Ritz crackers
 PM: Peas with cheese cubes (* grated cheese)

THURSDAY

27
 Breakfast: Breakfast burritos with ham, cheese & pineapple
 AM: Goldfish crackers with cucumbers, bell peppers
 PM: Vanilla wafers with cantaloupe

FRIDAY

28
 Breakfast: Assorted cereals & applesauce
 AM: Mini bagels with cream cheese, bananas
 PM: Wheat Thin crackers with carrots (* bell peppers), hummus

MONDAY

31
 Breakfast: Assorted cereals & pineapple
 AM: Graham crackers with mandarin oranges
 PM: Tuna sandwiches with pickles

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Country Dawn Lunches
 All Week - Sovnut & Jam
 M - Grilled Cheese
 T - Tuna
 W - English Muffin Pizzas
 Th - Turkey & Cheese
 F - Quesadillas

All breakfasts are served with water and milk.
 Cheerios are also served as a breakfast option each day.
 Water is served with all snacks, unless posted otherwise.
 * 30 months and under