



July Newsletter

We are so excited for summer to be here! There are a lot of fun activities planned throughout the summer! Our themes for this month are 4th of July, summer, and ice cream.

Important reminders and dates

- **Water play** - we will be doing water play every day that its weather permitted. If your child would like to participate in water play then they will need to bring a swimsuit, water shoes, and a towel.
- Please let us know if your child will be absent or on vacation.
- **Movie on the big screen schedule.** Our movie day is on Tuesdays.
 - 7/11 Lightyear
 - 7/18 Paw Patrol the Movie
 - 7/25 Super Mario Bros
- **July 3rd- 7th:** Ms. Jessica gone.
- **July 3rd:** Red, White, and Blue Snow cones
- **July 4th:** Country Dawn closed for Independence Day
- **Saturday Night Care: July 8th:** please see the front desk to sign up with a \$20 cash deposit
- **July 10th- 14th:** Science week. We will be doing a lot of fun science experiments
- **July 13th:** Snow cones and Bounce house
- **Spirt Week July 17th-21st:** Monday Crazy Hair Day - Tuesday Super Hero Day - Wednesday Crazy Sock Day - Thursday Sports Day - Friday Fancy Friday
- **July 17th: Happy Birthday Louis**
- **July 17th:** Snow Cones
- **July 19th:** Reptile Lady 9am-10am
- **July 20th:** All school picnic - Country Dawn is providing lunch
- **July 24th:** Bounce house
- **July 27th:** Snow Cones

If you have any questions or concerns, please do not hesitate to message me through the ProCare or email me at countrydawnjessica@gmail.com

Ms. Jessica and Ms. Meagan

July

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2	3	4	5	6	7
	Snow Cones red, white, and blue	Closed for the 4th				1
8						
9	10	11	12	13	14	15
Ms. Faith movie day	Ms. Jessica movie day	Ms. Becky movie day	Ms. Vikki movie day			
Science week			Snow Cones Bounce house			
16	17	18	19	20	21	22
Ms. Faith movie day	Ms. Jessica movie day	Ms. Becky movie day	Ms. Vikki movie day	Ms. Becky movie day		
Spirit week - Crazy Hair Snow Cones	Favorite Superhero	Reptile Lady 9:00 - 10:00 Crazy socks	Main building picnic - lunch provided by Country Dawn Sports		Fancy Friday	
23	24	25	26	27	28	29
Ms. Faith movie day	Ms. Jessica movie day	Ms. Becky movie day	Ms. Becky movie day	Ms. Vikki movie day		
Bounce house				Snow Cones		

Saturday Night Care

July 8, 2023

4:00 – 10:30

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour



2023

July Menu



MONDAY

03

Breakfast: Assorted cereals & pineapple
AM: Graham crackers with mandarin oranges

PM: Tuna sandwiches with pickles

10

Breakfast: Assorted cereals & mandarin oranges
AM: String cheese with goldfish crackers

PM: Cheesy bread with peas

TUESDAY

04

Country Dawn

Closed for

Independence Day

11

Breakfast: Scrambled eggs with ham and cheese & bananas
AM: Wheat Thin crackers with cucumbers

PM: Pineapple with graham crackers

WEDNESDAY

05

Breakfast: Assorted cereals & pineapple
AM: Tomato slices, zucchini with Saltine crackers

PM: Pita bread with hummus, snap peas

12

Breakfast: Pancakes & orange slices
AM: Pretzels with green beans

PM: Cheese cubes with Triscuit crackers (* grated cheese and Ritz crackers)

THURSDAY

06

Breakfast: Waffles with strawberries & whip cream
AM: Cinnamon tortillas with applesauce

PM: Popcorn with grapes (* crackers with pears)

13

Breakfast: Croissants with strawberry jam & cantaloupe
AM: Ritz crackers with roasted broccoli

PM: Teddy grahams with mandarin oranges

FRIDAY

07

Breakfast: Assorted cereals & bananas

AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks

PM: Rice cakes with yogurt

14

Breakfast: Assorted cereals & strawberries

AM: Vanilla wafers with bananas

PM: Pita bread with hummus, snap peas

17

Breakfast: Assorted cereals & peaches

AM: Rice cakes with pears

PM: Bean and cheese tortillas with olives

24

Breakfast: Assorted cereals & pears

AM: Green beans with Saltine crackers

PM: Soy butter and jam sandwiches with pears

31

Breakfast: Assorted cereals & pineapple

AM: Graham crackers with mandarin oranges

PM: Tuna sandwiches with pickles

18

Breakfast: French toast & bananas

AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato)

PM: Vanilla yogurt with mixed berries

25

Breakfast: English muffins with strawberry jam or soy butter & mandarin oranges

AM: Fig newtons with grapes (* pineapple)

PM: Pretzels, carrots, celery (* cucumbers)

20

Breakfast: Cinnamon toast & mixed berries

AM: Celery, broccoli (* roasted), hummus, pita bread

PM: Orange slices with popcorn (* crackers)

27

Breakfast: Breakfast burritos with ham, cheese & pineapple

AM: Goldfish crackers with cucumbers, bell peppers

PM: Vanilla wafers with cantaloupe

21

Breakfast: Assorted cereals & fruit

AM: String cheese with roasted potatoes

PM: Fig Newtons with bananas

28

Breakfast: Assorted cereals & applesauce

AM: Mini bagels with cream cheese, bananas

PM: Wheat Thin crackers with carrots (* bell peppers), hummus

Country Dawn Lunches

All Week - Soynut & Jam

M - Grilled Cheese

T - Tuna

W - English Muffin Pizzas

Th - Turkey & Cheese

F - Quesadillas

All breakfasts are served with water and milk.

Cheerios are also served as a breakfast option each day.

Water is served with all snacks, unless posted otherwise.

* 30 months and under