



10315 20 TH ST. S.E. □ LAKE STEVENS, WA 98258 □ (425) 334-3885

School Only Tuesday-Thursday Preschool



Teacher: Natalie Stevens

CLASS INFORMATION



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Hello School Only T-TH Preschool families,

My name is Natalie Stevens, and I am pleased to be your child's School Only T-TH Preschool teacher. I discovered my love for working with children after volunteering at my daughter's preschool several years ago. Since then, I've worked with children from toddlers through school aged as both a nanny and in Early Childhood Education. I've had a lot of fun leading many summer camps. The community of Lake Stevens has been my home now since 2020 with my husband, daughter, and our dog Barney. As a family we enjoy the outdoors as much as we can, especially summers on our beautiful lake. I also love to read, practice yoga when I can, and I believe that we can continue to learn and grow at any age. I'm currently teaching myself to play the piano. I look forward to supporting your child in our T-TH Preschool program.

If you have any comments or concerns, please feel free to let us know. You can email me at countrydawnnatalie@gmail.com or call 425-334-5412.

Sincerely,
Natalie Stevens



T-TH PRESCHOOL Daily Schedule

9:45 AM – 10:15 AM ... Welcome Circle Time

10:15 AM – 10:45 AM ... Recess

10:45 AM – 10:50 AM ... Wash Hands

10:50 AM – 11:50AM ... Group Time / Small
Centers / Academics / Art

11:50AM – 12:00PM ... Wash Hands for Lunch

12:00 PM – 12:30 PM ... Lunch

12:30 PM – 1:00 PM ... Goodbye Circle Time

1:00PM – 1:15PM ... Pack Up Backpacks and
Goodbye Song

1:15PM ... Class Ends

Free Choice activities include: free art/drawing,
dramatic play, Legos, magnets, house, animals,
Lincoln logs and manipulatives.



PRESCHOOL OBJECTIVES AND GOALS

SOCIAL / EMOTIONAL

- Participates in class discussions.
- Able to share with others.
- Respects others.
- Uses "please" and "thank-you".
- Helps to pick up classroom after activity.
- Able to play cooperatively with 1 or 2 other children
- Speaks in full sentences.
- Is understood by most people.
- Able to be attentive to an activity 15 to 20 minutes long.
- Uses bathroom when needed.

COGNITIVE

- Uses "I" rather than "me" in sentences.
- Follows 2 oral directions in correct order.
- Can sequence 4 story pictures.
- Recognize primary colors.
- Able to recite own full name.
- Able to recite own age.
- Able to recite name of own sex.
- Recognize own printed first name.
- Able to count 1 through 10.
- Able to recognize basic shapes.

LARGE MUSCLE COORDINATION

- Can catch a ball.
- Can jump over a 3-inch object
- Can hop on 1 foot across room.
- Can gallop
- Walks using alternating steps with a heel to toe gait.
- Can kick a rolling ball.
- Can put on own coat.
- Can throw a ball.

SMALL MUSCLE COORDINATION

- Able to hold a pencil or crayon with pincer grip.
- Can color with control.
- Uses glue with control.
- Can stack 10 blocks.
- Able to string large beads.
- Able to put together puzzles.
- Can draw a person.
- Able to cut with scissors with control.
- Can pour water from a small pitcher.
- Can trace patterns.

Country Dawn uses a hands-on curriculum that includes small group activities, circle time, outside play, free choice play, theme-based arts and crafts, science, and baking activities. Basic academic skills: recognizing shapes, colors, letters, and numbers are incorporated throughout the day. Language and Social/Emotional development are practiced all day; expanding the children's vocabulary, their ability to communicate, play with peers, and follow the teacher's instruction. Country Dawn's curriculum follows the Early Learning Guidelines set by Washington State Department of Early Learning. (www.del.wa.gov) CDC Assessments are provided to families each fall and spring. We offer Preschool families conferences and progress reports each year in the fall and spring.



PRESCHOOL THEMES

September

Learn About Me
Community Helpers
Farm

October

Fall / Autumn
Germs
Nocturnal Animals
Halloween

November

Five Senses
Nutrition
Thanksgiving

December

Holidays Around the World
Hibernation

January

Polar Animals
Healthy Habits (Tooth Brushing)
Winter

February

Feelings
Valentine's Day
Family

March

Dr. Suess
St. Patrick's Day
Springtime

April

Life Cycles
Easter
Our Earth

May

Gardening
Insects & Birds
Moms & Muffins

June

Oceans
Dads & Donuts
Graduation



**PARENTAL ALERT
SEVERE OR LIFE THREATENING FOOD ALLERGY**

Dear Parents:

I am writing to inform you that several children who are currently enrolled at Country Dawn have a life-threatening allergy to peanuts. If these children are exposed to peanuts in any form (even trace amounts), the child may experience a type of shock called anaphylaxis. Anaphylaxis is a reaction that affects the entire body and can result in the child not being able to breathe and cardiac arrest. The reaction is so severe that once symptoms are recognized medication must be given immediately to prevent death, and emergency medical personnel (911) must be called for immediate help.

Strict avoidance is the only way to prevent this type of severe reaction. The safest environment is one where there are no peanuts or foods containing any peanut products or traces of peanuts in the classroom or any area where the child may be. To achieve this safe environment we will need everyone's help. A huge risk is posed by other children who may unwittingly bring foods to school that contain peanuts, or peanut products. Even vapors from the food containing peanuts or peanut products can cause a sensitive child to have a severe reaction. Please check the labels on foods, and do not send any foods containing peanuts or peanut products of any kind to school. If you bring in foods for a special event or class party, bring only commercially prepared food in the original packaging (no home-prepared food, please!). All foods must be monitored closely, all labels must be checked for indications of peanuts or peanut products, and should there be any question as to the safety of the ingredients the food may not be served, or even opened.

I realize this will be an inconvenience, and we appreciate your help and understanding as we attempt to create the safest possible environment for all our children.

If you have any questions please do not hesitate to talk with your child's teacher, supervisory staff at the front desk, or myself. I would like to thank you for your help and understanding in this matter.

Sincerely,

A handwritten signature in black ink, appearing to read "Julie Bliven".

Julie Bliven
Director