



## February Newsletter

Wow we have had some cold weather. We hope all your holiday celebrations were fun & festive with your babies.

### Happy First Birthday

*Cooper 2/19*



Reminder: please read your child's daily report every day.

This is where we will let you know how their day went, and if they need anything like diapers, formula, or diaper cream etc.

Remember to bring a healthy lunch for your child daily. Please provide fruit and veggies and have their food pre-cut ready for them to eat. Make sure your child's lunch is in a lunch bag with an ice pack.

If they have not yet started having finger foods just let us know when you want to start that.

Most of our babies have started using sippy cups and are doing well. Our goal is to have them using sippy cups when they turn one.

When your baby turns one, feel free to bring in a blanket for them to use at nap time. We will send them home on the weekend for them to get washed.

Groundhog's day: Friday, February 2<sup>nd</sup>

President's day: Monday, February 19<sup>th</sup>  
Country Dawn will be closed for a teacher in service day.

Check out our front board it's our month to decorate.

If you have any questions, please do not hesitate to talk to us. Hope everyone has a wonderful Valentine's Day! 😊

You will no longer be able to reply to our text messaging, but you can still email and message through ProCare.

Picture retakes will be on Thursday, March 21st. If your child did not get a picture we will do one then, also for anyone requesting another one. Please let us know if a retake is needed.

Happy  
Valentine's  
Day

Teacher Email:

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**Lisa, Vita, Jasmin, Lillia**

# 2024

## February Menu



### MONDAY

29

**Country Dawn Lunches**  
All Week - Soynut & Jam  
M - Grilled Cheese  
T - Tuna  
W - English Muffin Pizzas  
Th - Turkey & Cheese  
F - Quesadillas

### TUESDAY

30

All breakfasts are served with water and milk.  
**Assorted cereals are also served as a breakfast option each day.**  
Water is served with all snacks.  
\* 30 months and under

### WEDNESDAY

31

### THURSDAY

01

### FRIDAY

02

Breakfast: Assorted cereals & fruit

**AM: String cheese with roasted potatoes**

**PM: Fig Newtons with bananas**

Breakfast: Cinnamon toast & mixed berries

**AM: Celery, broccoli (\* roasted), hummus, pita bread**

**PM: Orange slices with popcorn (\* crackers)**

08

Breakfast: Breakfast burritos with ham, cheese & pineapple

**AM: Goldfish crackers with cucumbers, bell peppers**

**PM: Vanilla wafers with cantaloupe**

09

Breakfast: Assorted cereals & applesauce

**AM: Mini bagels with cream cheese, bananas**

**PM: Wheat Thin crackers with carrots (\* bell peppers & crackers), hummus**

05

Breakfast: Assorted cereals & pears

**AM: Green beans with Saltime crackers**

**PM: Soy butter and jam sandwiches with pears**

06

Breakfast: English muffins with boysenberry jam or soy butter & mandarin oranges

**AM: Graham crackers with grapes (\* pineapple)**

**PM: Pretzels, carrots, celery (\* cucumbers & crackers)**

07

Breakfast: Bagels with cream cheese & apple slices

**AM: Roasted cauliflower with Ritz crackers**

**PM: Peas with cheese cubes (\* grated cheese)**

08

Breakfast: Breakfast burritos with ham, cheese & pineapple

**AM: Goldfish crackers with cucumbers, bell peppers**

**PM: Vanilla wafers with cantaloupe**

09

Breakfast: Assorted cereals & applesauce

**AM: Mini bagels with cream cheese, bananas**

**PM: Wheat Thin crackers with carrots (\* bell peppers & crackers), hummus**

12

Breakfast: Assorted cereals & pineapple

**AM: Fig Newtons with mandarin oranges**

13

Breakfast: Oatmeal & blueberries

**AM: Turkey cubes with Ritz crackers**

14

Breakfast: Biscuits with sausage gravy & pears

**AM: Tomato slices, zucchini with Saltime crackers**

15

Breakfast: Waffles with strawberries & whip cream

**AM: Cinnamon tortillas with applesauce**

16

Breakfast: Assorted cereals & bananas

**AM: Cauliflower, broccoli (\* roasted) with ranch, bread sticks**

**PM: Rice cakes with yogurt**

19

**PM: Tuna sandwiches with pickles**

20

**PM: Apple slices, cheese cubes (\* grated cheese)**

21

**PM: Pita bread with hummus, snap peas (\* peas)**

22

**PM: Popcorn with grapes (\* crackers with pears)**

23

Breakfast: Assorted cereals & strawberries

**AM: Vanilla wafers with bananas**

**PM: Pita bread with hummus, snap peas (\* peas)**

### Country Dawn

closed for

### in-service day

26

Breakfast: Assorted cereals & bananas

**AM: Goldfish crackers with bell peppers, zucchini**

27

Breakfast: French toast & peaches

**AM: Celery, broccoli (\* roasted), hummus, pita bread**

28

Breakfast: Oatmeal & apple slices

**AM: Rice cakes with pears**

29

Breakfast: Cinnamon toast & mixed berries

**AM: Breadsticks with cauliflower, tomato slices, ranch (\* only tomato)**

**PM: Orange slices with popcorn (\* crackers)**

**PM: Carrots and cheese cubes (\* sliced cheese & cucumbers)**

**PM: Vanilla yogurt with mixed berries**

**PM: Bean and cheese tortillas with olives**

# Saturday Night Care

**February 10th**

**3:30 – 10:00**

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

**\$20 cash deposit required per family to sign up**

**pay the balance when you pick up**

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour

