



# February Newsletter

Hello February! Our themes this month are baby animals and Valentine's Day.

### **Class Reminders:**

- We will have Elevate Music every Wednesday this month from 9:45-10:15 am except Feb. 21st.
- Valentine's Day is February 14th. We will be having our party on the 14th. If you would like to bring something for the party then please message me. Also, you are welcome to bring Valentines for your children to hand out but it's not required. We have 12 kids.
- Assembly is Friday, February 23rd.
- Please label all clothing with your child's name, we get quite a bit of the same color or the same item of clothing (hats and mittens). The kids love being independent at this age and sometimes items don't go back in their correct cubbies.

### **Potty Training:**

We will be using the big kid potty from now until the end of summer. We take the children every two hours and we give them lots of praise and encouragement, and of course stickers. Please encourage your child to try at home too! All the children will need to be potty trained by the end of summer to move on to preschool.

**Pull- ups with the velcro on the side are what we prefer best.**

### **Important Dates:**

- Groundhog Day is Friday, February 2nd.
- Saturday Night Care is February 10th 3:30-10:00. You can sign up at the front with a \$20 cash deposit.
- Presidents Day is Monday, February 19th. Country Dawn will be closed this day for an inservice day.
- Family Music Day will be on Saturday, February 24th. Please let us know if you and your family will be attending.
- Picture retakes will be Thursday, March 21st. Please let us know if a retake is needed.

If you have any questions or comments, feel free to message me through Procure or my email [countrydawnkristen@gmail.com](mailto:countrydawnkristen@gmail.com).

♥ Ms. Kristen, Ms. Araya & Ms. Jayden ♥

# 2024

## February Menu



### MONDAY

29

**Country Dawn Lunches**  
All Week - Soynut & Jam  
M - Grilled Cheese  
T - Tuna  
W - English Muffin Pizzas  
Th - Turkey & Cheese  
F - Quesadillas

### TUESDAY

30

All breakfasts are served with water and milk.  
**Assorted cereals are also served as a breakfast option each day.**  
Water is served with all snacks.  
\* 30 months and under

### WEDNESDAY

31

### THURSDAY

01

### FRIDAY

02

**05**  
Breakfast: Assorted cereals & pears  
**AM: Green beans with Saltiline crackers**  
PM: Soy butter and jam sandwiches with pears

**06**  
Breakfast: English muffins with boysenberry jam or soy butter & mandarin oranges  
**AM: Graham crackers with grapes (\* pineapple)**  
PM: Pretzels, carrots, celery (\* cucumbers & crackers)

**07**  
Breakfast: Bagels with cream cheese & apple slices  
**AM: Roasted cauliflower with Ritz crackers**  
PM: Peas with cheese cubes (\* grated cheese)

**08**  
Breakfast: Breakfast burritos with ham, cheese & pineapple  
**AM: Goldfish crackers with cucumbers, bell peppers**  
PM: Vanilla wafers with cantaloupe

**09**  
Breakfast: Assorted cereals & applesauce  
**AM: Mini bagels with cream cheese, bananas**  
PM: Wheat Thin crackers with carrots (\* bell peppers & crackers), hummus

**12**  
Breakfast: Assorted cereals & pineapple  
**AM: Fig Newtons with mandarin oranges**

**13**  
Breakfast: Oatmeal & blueberries  
**AM: Turkey cubes with Ritz crackers**

**14**  
Breakfast: Biscuits with sausage gravy & pears  
**AM: Tomato slices, zucchini with Saltiline crackers**

**15**  
Breakfast: Waffles with strawberries & whip cream  
**AM: Cinnamon tortillas with applesauce**

**16**  
Breakfast: Assorted cereals & bananas  
**AM: Cauliflower, broccoli (\* roasted) with ranch, bread sticks**  
PM: Rice cakes with yogurt

PM: Tuna sandwiches with pickles

**19**  
PM: Apple slices, cheese cubes (\* grated cheese)

**21**  
PM: Pita bread with hummus, snap peas (\* peas)

**22**  
PM: Popcorn with grapes (\* crackers with pears)

**Country Dawn closed for in-service day**

**20**  
Breakfast: Scrambled eggs with ham and cheese & bananas  
**AM: Wheat Thin crackers with cucumbers (\*crackers)**  
PM: Pineapple with graham crackers

**21**  
Breakfast: Pancakes & orange slices  
**AM: Pretzels with green beans (\*crackers)**  
PM: Cheese cubes with Triscuit crackers (\* grated cheese and crackers)

**22**  
Breakfast: Croissants with boysenberry jam & cantaloupe  
**AM: Ritz crackers with roasted broccoli**  
PM: Teddy grahams with mandarin oranges

**23**  
Breakfast: Assorted cereals & strawberries  
**AM: Vanilla wafers with bananas**  
PM: Pita bread with hummus, snap peas (\* peas)

**26**  
Breakfast: Assorted cereals & bananas  
**AM: Goldfish crackers with bell peppers, zucchini**

**27**  
Breakfast: French toast & peaches  
**AM: Celery, broccoli (\* roasted), hummus, pita bread**

**28**  
Breakfast: Oatmeal & apple slices  
**AM: Rice cakes with pears**

**29**  
Breakfast: Cinnamon toast & mixed berries  
**AM: Breadsticks with cauliflower, tomato slices, ranch (\* only tomato)**

**01**

PM: Carrots and cheese cubes (\* sliced cheese & cucumbers)

PM: Vanilla yogurt with mixed berries

PM: Bean and cheese tortillas with olives

PM: Orange slices with popcorn (\* crackers)

# Saturday Night Care

**February 10th**

**3:30 – 10:00**

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

**\$20 cash deposit required per family to sign up**

**pay the balance when you pick up**

**1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour**

