



## NEWSLETTER

Dear Families,

Thank you for your patience during our snow day disruptions last month. I'm looking forward to longer days and warmer temperatures! Listed below is everything you need to know for the month of February and upcoming dates.

### FEBRUARY THEMES

Groundhog Day  
Feelings and emotions  
Valentine's Day  
Healthy Bodies

### FEBRUARY BIRTHDAYS

Ms. Marie - 3rd  
Finley - 24th

### IMPORTANT INFORMATION & DATES TO REMEMBER

- 2/2/2024 - Groundhog Day
- 2/10/2024 - Saturday Night Care 3:30pm - 10pm. Sign up at the main building with a \$20 cash deposit
- 02/13/24 - Valentine's Day Party. There will be a sign up sheet for party food & supplies by the check in counter
- 2/19/24 - (Monday) Closed in observance of President's day and teacher in-service day
- 3/11/24-3/15/24 - Conferences
- 3/21/24 (Thursday) - Picture retakes at the main building. Please let us know if your child will need to get a retake.

### **Parent/teacher conferences**

I will have a signup sheet with days and times to schedule a conference. We can meet in person or via Zoom.

**Ms. Natalie**

Email me using Procare or [countrydawnnatalie@gmail.com](mailto:countrydawnnatalie@gmail.com)

Ph:425-334-5412

# 2024

## February Menu



### MONDAY

29

**Country Dawn Lunches**  
All Week - Soynut & Jam  
M - Grilled Cheese  
T - Tuna  
W - English Muffin Pizzas  
Th - Turkey & Cheese  
F - Quesadillas

### TUESDAY

30

All breakfasts are served with water and milk.  
Assorted cereals are also served as a breakfast option each day.  
Water is served with all snacks.  
\* 30 months and under

### WEDNESDAY

31

### THURSDAY

01

### FRIDAY

02

**05**  
Breakfast: Assorted cereals & pears

**AM:** Green beans with **Saltine crackers**  
**PM:** Soy butter and jam sandwiches with pears

**06**

Breakfast: English muffins with boysenberry jam or soy butter & mandarin oranges

**AM:** Graham crackers with grapes (\* pineapple)  
**PM:** Pretzels, carrots, celery (\* cucumbers & crackers)

**07**

Breakfast: Bagels with cream cheese & apple slices

**AM:** Roasted cauliflower with **Ritz crackers**  
**PM:** Peas with cheese cubes (\* grated cheese)

**08**

Breakfast: Breakfast burritos with ham, cheese & pineapple

**AM:** Goldfish crackers with cucumbers, bell peppers  
**PM:** Vanilla wafers with cantaloupe

**09**

Breakfast: Assorted cereals & applesauce

**AM:** Mini bagels with cream cheese, bananas  
**PM:** Wheat Thin crackers with carrots (\* bell peppers & crackers), hummus

**12**

Breakfast: Assorted cereals & pineapple  
**AM:** Fig Newtons with mandarin oranges

**13**

Breakfast: Oatmeal & blueberries  
**AM:** Turkey cubes with **Ritz crackers**

**14**

Breakfast: Biscuits with sausage gravy & pears  
**AM:** Tomato slices, zucchini with **Saltine crackers**

**15**

Breakfast: Waffles with strawberries & whip cream  
**AM:** Cinnamon tortillas with applesauce

**16**

Breakfast: Assorted cereals & bananas

**PM:** Tuna sandwiches with pickles

**19**

### Country Dawn

closed for

in-service day

**20**

**PM:** Apple slices, cheese cubes (\* grated cheese)  
Breakfast: Scrambled eggs with ham and cheese & bananas  
**AM:** Wheat Thin crackers with cucumbers (\*crackers)

**21**

**PM:** Pita bread with hummus, snap peas (\* peas)  
Breakfast: Pancakes & orange slices  
**AM:** Pretzels with green beans (\*crackers)

**22**

**PM:** Popcorn with grapes (\* crackers with pears)  
Breakfast: Croissants with boysenberry jam & cantaloupe  
**AM:** Ritz crackers with roasted broccoli

**23**

**PM:** Teddy grahams with mandarin oranges  
Breakfast: Assorted cereals & strawberries  
**AM:** Vanilla wafers with bananas

**26**

Breakfast: Assorted cereals & bananas  
**AM:** Goldfish crackers with bell peppers, zucchini

**27**

Breakfast: French toast & peaches  
**AM:** Celery, broccoli (\* roasted), hummus, pita bread

**28**

Breakfast: Oatmeal & apple slices  
**AM:** Rice cakes with pears

**29**

Breakfast: Cinnamon toast & mixed berries  
**AM:** Breadsticks with cauliflower, tomato slices, ranch (\* only tomato)  
**PM:** Orange slices with popcorn (\* crackers)

**01**

**PM:** Carrots and cheese cubes (\* sliced cheese & cucumbers)

**PM:** Vanilla yogurt with mixed berries

**PM:** Bean and cheese tortillas with olives

# Saturday Night Care

**February 10th**

**3:30 – 10:00**

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

**\$20 cash deposit required per family to sign up**

**pay the balance when you pick up**

**1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour**

