



10315 20 TH ST. S.E. □ LAKE STEVENS, WA 98258 □ (425) 334-3885

Pre-Kindergarten Full Day #2



Teacher: Monica Juarez Cruz

CLASS INFORMATION



Proudly Participating in Early Achievers



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Dear Families,

Welcome to the Pre-Kindergarten Program. My name is Monica Juarez Cruz and I'm excited to be teaching your children. I have worked in childcare for 12 years, and 5 years with this age group. I enjoy this age group and I'm happy to be working with you and your child.

I am looking forward to meeting each of you, but first let me tell you a little about myself. I was born in Mexico and raised in Lake Stevens. Graduated at the Lake Stevens High School in 2012 and started working at Country Dawn. I completed the Washington STARS Training Program, CDA Certificate and have taken many more childcare classes offered through the Snohomish County Association for Education and Volunteers of America. I am also certified in CPR, AED and First Aid.

I live in Lake Stevens with my boyfriend and three daughters Sophia, Camila and Alanna. I enjoy watching my girls play soccer, going on adventures and spending time with family and friends.

During the next several weeks students will be getting to know each other, their new schedule, classroom and playground. students will also be practicing various skills such as using good manners and working together as a team. students will be learning their shapes and colors in depth, as well as practicing fine motor skills by cutting, gluing and learning to use a pencil properly.

I look forward to a great year and many memories to be created. If you have any questions, please do not hesitate to talk with me, email me at Countrydawnmonicaj@gmail.com or message me through ProCare.

Sincerely,

Monica Juarez Cruz



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WHAT YOU NEED TO KNOW

Pre-Kindergarten #2

Welcome to Pre-Kindergarten. I thought it might be helpful to highlight some important information to help you out.

In our classroom each child will have a cubby where they can hang their coat, store backpacks and lunches. (Our classroom refrigerators are not large enough to properly keep a lunch cooled, always use an ice pack if your child's lunch needs refrigerating.) On each cubby will be a folder, this is where I will send home any communication, please check daily.

Class time starts at 8:30 a.m., lunch is at 11:30 a.m. and rest is 1:00 p.m. - 2:45 p.m. We provide covered mats for each child; you are welcome to send a small blanket to help them feel more comfortable.

Your child is encouraged to bring a backpack with a change of clothing. We will also have recess throughout the year, weather permitting. Please dress your child properly. An extra sweater or sweatshirt can be left in the classroom for cold days.

Birthdays are an exciting time for children. You are welcome to bring treats to share. However, they must be peanut free, and store bought.

Each week a new letter and number will be introduced. Throughout the week it will be reinforced with special activities including, writing, arts and crafts, music, and occasionally we will ask for an item from home to share that is letter related. We will not be having show-n-tell, so leave all toys at home.

A newsletter will be sent through email each month highlighting what theme we may be learning about, as well as any important information regarding our class. I also use a whiteboard located by the front door for quick information.

Children learn through play, touching and feeling as well as visual stimulation. Our classroom is set up with many centers to promote this type of learning. I change the centers periodically to follow the current theme and keep your child's continued curiosity.

Thank you, I am looking forward to a great year.



PRE-KINDERGARTEN #2 DAILY SCHEDULE

Before class begins...

5:30 AM – 7:30 AM	Breakfast / Free choice in Enrichment room
7:00 AM – 8:00 AM	Move to classrooms for Open Centers and Free choice activities
8:00 AM – 8:30 AM	Recess (weather permitting) or Free Choice inside

Class begins ...

8:30 AM – 9:00 AM	Opening Activities / Free Choice
9:00 AM – 9:30 AM	Snack
9:30 AM – 10:00 AM	Recess (weather permitting) or Free Choice inside
10:00 AM – 10:30 AM	Large Group Time (Flag Salute, Calendar, Weather & Jobs)
10:30 AM – 11:30 AM	Small Group Time – Open Centers – Art / Craft Time
11:30 AM – 12:15 PM	Lunch
12:15 PM – 12:45 PM	Recess (weather permitting) or Free Choice inside
12:45 PM – 1:00 PM	Prepare for Rest Time
1:00 PM – 2:45 PM	Rest Time
2:45 PM – 3:00 PM	Wake Up – Prepare for Recess
3:00 PM – 3:30 PM	Recess (weather permitting) or Free Choice inside
3:30 PM – 4:00 PM	Afternoon Snack
4:00 PM – 5:30 PM	Open Centers and Free Choice Activities in Classroom
5:30 PM – 6:00 PM	Combined Activities in the Pre-Kindergarten House and Free Choice
6:00 PM -----	Country Dawn closed for the day.

Free Choice and Open Centers include: Dramatic Play, Blocks, Building Toys, Puppets, Puzzles, Doll House / Barn, Writing Center, Reading Center, Science Table, Quiet Area, Manipulatives, Sensory Area, Games and Art Center.

Outside Activities include: Climbing structures, Slides, Teeter Tooter, Monkey Bars, Percussion Instruments, Spinning Seat, Balls, Jump Ropes, Parachute Play, Chalk, Bubbles and Sensory Tables (weather permitting).

Pre-Kindergarten

Themes

September

- Welcome to School
- Manners
- All about me
- Apples

October

- Fall
- On the Farm
- Pumpkin Patch
- Halloween

November

- 5 Senses
- Hibernation
- Thanksgiving

December

- The Mitten
- Holidays around the World
- Winter

January

- Welcome to the New Year
- Snowmen
- Polar Bears and Penguins

February

- Healthy Bodies
- Groundhog Day
- Valentines Day
- Feelings and Emotions

March

- Spring
- St. Patrick's Day
- Weather
- Dr. Seuss
- Easter

April

- Water Cycle
- Frogs
- Gardening
- Our Earth

May

- Insects and Bugs
- Mother's Day
- Look what's blooming

June

- Father's Day
- Graduation
- Summer

July

- Under the Sea

August

- Outer Space
- Dinosaurs

Pre-Kindergarten Objectives and Goals

Social / Emotional

- Participates in class discussions.
- Uses appropriate manners.
- Respects classmates.
- Shows respect for teachers.
- Talks in full sentences.
- Cleans up space when leaving.
- Able to play alone, and with other children.
- Able to be attentive to an activity 15 to 20 minutes.
- Is more creative with make believe play.

Large Muscle Coordination

- Walks with a heel to toe gait.
- Hops on one foot across room.
- Able to skip.
- Able to gallop.
- Able to throw and catch a ball.
- Able to balance on one foot.
- Able to kick a rolling ball.
- Able to somersault forward.
- Able to jump over a 3-inch object.

Small Muscle Coordination

- Can hold a pencil using a pincer grip.
- Able to cut with scissors with control.
- Able to glue with control.
- Able to trace patterns.
- Pours water from a small pitcher.
- Can draw a person.
- Colors with control.
- Can zip or button own coat.
- Able to string 10 beads.
- Able to put together a puzzle.

Cognitive

- Can repeat four lines of a simple song.
- Able to relate incidents, interpret pictures, and predict outcomes.
- Able to sequentially order four pictures.
- Able to follow three oral directions in correct order.
- Able to count 1 through 20.
- Able to recognize numbers 0 through 20.
- Able to match number of objects to numeral.
- Able to compare sets (more, less, larger, smaller).
- Recognizes shades of color.
- Detects a pattern.
- Able to sort/classify by (shapes, color, sizes, textures).
- Able to recognize shapes (triangle, circle, square, rectangle, oval, diamond).
- Able to recognize positions (first, last, before, after, next, between, over, under, above, below).
- Recognition of uppercase and lowercase letters of alphabet.
- Can recognize his/her own printed name.
- Can recognize his or own name when spelled orally.
- Speaks full name upon request.
- Able to relate age upon request.

Country Dawn uses Creative Curriculum that includes small group activities, circle time, outside play, free choice play, theme-based arts and crafts, science, and baking activities. Basic academic skills: recognizing shapes, colors, letters, and numbers are incorporated throughout the day. Language and Social/Emotional development are practiced all day; expanding the children's vocabulary, their ability to communicate, play with peers, and follow the teacher's instruction. Country Dawn's curriculum follows the Early Learning Guidelines set by Washington State Department of Early Learning. (www.del.wa.gov) Once a week our Pre-K classes have a Spanish lesson, where they are introduced to basic Spanish words and phrases; greetings, numbers, colors and theme based words for example. Country Dawn offers HappyFeet (www.seattlehappyfeet.com), a weekly extra-curricular soccer fitness program to our Pre-K classes. HappyFeet is a professionally developed child fitness soccer program based on 25 years of youth coaching experience. Country Dawn offers Elevate Music Together, which is an internationally recognized early childhood program providing music and movement for children. Country Dawn partners with The Sno-Isle Library and we receive new hardback books for our classrooms monthly. CDC Assessments are provided to families each fall and spring. We offer Pre-K families conferences and progress reports each year in the fall and spring. Country Dawn also participates in Early Achievers, which is Washington's Quality Rating and Improvement System.



**PARENTAL ALERT
SEVERE OR LIFE THREATENING FOOD ALLERGY**

Dear Parents:

I am writing to inform you that several children who are currently enrolled at Country Dawn have a life-threatening allergy to peanuts. If these children are exposed to peanuts in any form (even trace amounts), the child may experience a type of shock called anaphylaxis. Anaphylaxis is a reaction that affects the entire body and can result in the child not being able to breathe and cardiac arrest. The reaction is so severe that once symptoms are recognized medication must be given immediately to prevent death, and emergency medical personnel (911) must be called for immediate help.

Strict avoidance is the only way to prevent this type of severe reaction. The safest environment is one where there are no peanuts or foods containing any peanut products or traces of peanuts in the classroom or any area where the child may be. To achieve this safe environment we will need everyone's help. A huge risk is posed by other children who may unwittingly bring foods to school that contain peanuts, or peanut products. Even vapors from the food containing peanuts or peanut products can cause a sensitive child to have a severe reaction. Please check the labels on foods, and do not send any foods containing peanuts or peanut products of any kind to school. If you bring in foods for a special event or class party, bring only commercially prepared food in the original packaging (no home-prepared food, please!). All foods must be monitored closely, all labels must be checked for indications of peanuts or peanut products, and should there be any question as to the safety of the ingredients the food may not be served, or even opened.

I realize this will be an inconvenience, and we appreciate your help and understanding as we attempt to create the safest possible environment for all our children.

If you have any questions please do not hesitate to talk with your child's teacher, supervisory staff at the front desk, or myself. I would like to thank you for your help and understanding in this matter.

Sincerely,

A handwritten signature in black ink, appearing to read "Julie Bliven".

Julie Bliven
Director