



September Newsletter

As the new school year begins here at Country Dawn, I want to welcome all of our new babies to our Infant Program! We are excited to get to know you and your little ones. September is a busy month around here as we are getting to know each and every one of you. If you have any questions or concerns about your child's care, please let us know so we can meet your child's needs.

Country Dawn will be closed Monday, September 2nd in observance of Labor Day and on the 3rd we will be closed for an in-service day

The first day of school will be Wednesday, September 4th

New school year reminders:

WELCOME!

- Please always provide several changes of clothes, in their diaper bag, in case your child needs to be changed
- Please provide a bag for your child's used bottles for us to send home
- Please provide enough clean bottles for the day and label your child's bottles and bottle lids with their names and date that they are brought in each day
- Please bring your child's lunch in a lunch box with an adequate ice pack
- We can do heat up lunches that take 60 seconds or less to microwave
- Feel free to write out your child's schedule so that we don't miss anything. We know drop off for the first time can be a little difficult
- Breakfast ends at 7:30am
- Teacher email and Procure are checked daily
- Please let us know any time your child will be absent
- Please bring a family picture to add to our family tree so the children can always see their family
- Miss, Lisa will be gone on Monday September, 16th

We cannot wait to meet you and your child and begin to build a relationship. Again, if you have any questions or concerns, please don't hesitate to ask us.

Teacher Email: countrydawnlisa@gmail.com
Country Dawn Phone Number: 425-334-3885

With love,
Lisa, Vita, Jasmin, Isaiah



Saturday Night Care

September 14, 2023

3:30 – 10:00

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour



2024

September Menu



MONDAY

02

Country Dawn

Closed for

Labor Day

09

Breakfast: Assorted cereals & peaches
AM: Rice cakes with pears

PM: Bean and cheese tortillas with olives

Breakfast: Assorted cereals & pears

AM: Green beans with Salitine crackers
PM: Soy butter and jam sandwiches with pears

23
Breakfast: Assorted cereals & pineapple
AM: Fig Newtons with mandarin oranges

PM: Tuna sandwiches with pickles
Breakfast: Assorted cereals & mandarin oranges
AM: String cheese with goldfish crackers
PM: Cheesy bread with peas

TUESDAY

03

Country Dawn

Closed for

In-service Day

10

Breakfast: French toast & bananas
AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato)

PM: Vanilla yogurt with mixed berries

Breakfast: English muffins with boysenberry jam or soy butter & mandarin oranges

AM: Graham crackers with grapes (* pineapple)
PM: Pretzels, carrots, celery (* cucumbers & crackers)

24
Breakfast: Oatmeal & blueberries
AM: Turkey cubes with Ritz crackers

PM: Apple slices, string cheese

01

Country Dawn Lunches

All Week - Sovnut & Jam
M - Grilled Cheese

T - Tuna
W - English Muffin Pizzas
Th - Turkey & Cheese
F - Quesadillas

WEDNESDAY

04

Breakfast: Pancakes & orange slices

AM: Pretzels with green beans (*crackers)

PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)

11

Breakfast: Oatmeal & apple slices

AM: Goldfish crackers with bell peppers, zucchini

PM: Carrots and cheese cubes (* grated cheese & cucumbers)

Breakfast: Bagels with cream cheese & apple slices

AM: Roasted cauliflower with Ritz crackers
PM: Peas with cheese cubes (* grated cheese)

25
Breakfast: Biscuits with sausage gravy & pears
AM: Tomato slices, zucchini with Salitine crackers

PM: Peas, hummus, pita bread

THURSDAY

05

Breakfast: Croissants with boysenberry jam & cantaloupe

AM: Ritz crackers with roasted broccoli

PM: Teddy grahams with mandarin oranges

12

Breakfast: Cinnamon toast & mixed berries

AM: Celery, broccoli (* roasted), hummus, pita bread

PM: Orange slices with popcorn (* crackers)

Breakfast: Scrambled eggs with ham, cheese & pineapple

AM: Goldfish crackers with cucumbers, bell peppers
PM: Vanilla wafers with cantaloupe

26
Breakfast: Waffles with strawberries & whip cream
AM: Cinnamon tortillas with applesauce

PM: Popcorn with grapes (* crackers with pears)

FRIDAY

06

Breakfast: Assorted cereals & strawberries

AM: Vanilla wafers with bananas

PM: Peas, hummus, pita bread

13

Breakfast: Assorted cereals & fruit

AM: String cheese with roasted potatoes

PM: Fig Newtons with bananas

Breakfast: Assorted cereals & applesauce

AM: Mini bagels with cream cheese, bananas
PM: Wheat Thin crackers with carrots (* bell peppers & crackers), hummus

27
Breakfast: Assorted cereals & bananas
AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks
PM: Rice cakes with yogurt

All breakfasts are served with water and milk.
Assorted cereals are also served as a breakfast option each day.
Water is served with all snacks.
* 30 months and under