



SEPTEMBER

Welcome to Pre-preschool! I am Ms. Sarah Ms. Georgia is my assistant. We are so excited to start a new school year with your children. We are going to have so much fun and learn so many new things.

Information on our class.

- Your child can bring a blanket and one stuffed animal for nap time
- Please make sure to label your child's things so we don't get things mixed up.
- Your child is welcome to bring a water bottle to school every day.
- Due to severe allergies, we are a peanut free facility. If bringing birthday treats please have them be store bought and from a peanut free facility.
- Please make sure your child always has a change of clothes in their cubby, along with a jacket or sweatshirt.
- Please make sure to take your child's things home every Friday to be washed.
- Once we get into a routine, we will do show and tell every Friday, other than show and tell please keep all toys at home.
- If your child is potty training, we recommend pull-ups with the Velcro sides as it makes changing easier.
- Please bring your child's sunscreen with a signed consent form.
- Cut off time for drop off is 11:00am.
- Please let us know if your child will be absent or on vacation
- We would love if your child could bring a family picture that we can hang on the wall, the children love it!!
- If your family has any traditions, we would love for you to share them with us
- Breakfast ends at 7:30am, if your child will be in after that please have them eat breakfast at home
- Hot lunch is available for \$5
- Elevate music will be on Wednesdays

Reminders

- We will be closed Monday September 2nd for Labor Day and September 3rd for an in-service day.
- First day of school is Wednesday September 4th
- Saturday Night Care is Saturday September 14th. Please sign up at the front desk with a \$20 cash deposit. From 3:30pm to 10:00pm
- Ms. Sarah will be off September 19th and 20th
- Towards the end of the month your child will have the chance to have a free trial to do Happy Feet . It's a half hour class once a week with the amazing Coach Kevin. I will hand out flyers at the beginning of the month.
- If you have any questions, please feel free to message me on ProCare or via email countrydawnsarahd@gmail.com.

Ms. Sarah And Ms. Georgia



2024

September Menu



MONDAY

02

Country Dawn

Closed for

Labor Day

09

Breakfast: Assorted cereals & peaches
AM: Rice cakes with pears

PM: Bean and cheese tortillas with olives

16
Breakfast: Assorted cereals & pears

AM: Green beans with Salatine crackers
PM: Soy butter and jam sandwiches with pears

23
Breakfast: Assorted cereals & pineapple
AM: Fig Newtons with mandarin oranges

PM: Tuna sandwiches with pickles
30
Breakfast: Assorted cereals & mandarin oranges
AM: String cheese with goldfish crackers
PM: Cheesy bread with peas

TUESDAY

03

Country Dawn

Closed for

In-service Day

10

Breakfast: French toast & bananas
AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato)

PM: Vanilla yogurt with mixed berries
17
Breakfast: English muffins with boysenberry jam or soy butter & mandarin oranges

AM: Graham crackers with grapes (* pineapple)
PM: Pretzels, carrots, celery (* cucumbers & crackers)
24
Breakfast: Oatmeal & blueberries
AM: Turkey cubes with Ritz crackers

PM: Apple slices, string cheese

01

Country Dawn Lunches

All Week - Sovnut & Jam
M - Grilled Cheese
T - Tuna
W - English Muffin Pizzas
Th - Turkey & Cheese
F - Quesadillas

WEDNESDAY

04

Breakfast: Pancakes & orange slices
AM: Pretzels with green beans (*crackers)

PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)

11

Breakfast: Oatmeal & apple slices
AM: Goldfish crackers with bell peppers, zucchini

PM: Carrots and cheese cubes (* grated cheese & cucumbers)
18
Breakfast: Bagels with cream cheese & apple slices

AM: Roasted cauliflower with Ritz crackers
PM: Peas with cheese cubes (* grated cheese)

25
Breakfast: Biscuits with sausage gravy & pears
AM: Tomato slices, zucchini with Salatine crackers

PM: Peas, hummus, pita bread

THURSDAY

05

Breakfast: Croissants with boysenberry jam & cantaloupe
AM: Ritz crackers with roasted broccoli

PM: Teddy grahams with mandarin oranges

12

Breakfast: Cinnamon toast & mixed berries
AM: Celery, broccoli (* roasted), hummus, pita bread

PM: Orange slices with popcorn (* crackers)
19
Breakfast: Scrambled eggs with ham, cheese & pineapple

AM: Goldfish crackers with cucumbers, bell peppers
PM: Vanilla wafers with cantaloupe

26
Breakfast: Waffles with strawberries & whip cream
AM: Cinnamon tortillas with applesauce

PM: Popcorn with grapes (* crackers with pears)

FRIDAY

06

Breakfast: Assorted cereals & strawberries
AM: Vanilla wafers with bananas

PM: Peas, hummus, pita bread

13

Breakfast: Assorted cereals & fruit
AM: String cheese with roasted potatoes

PM: Fig Newtons with bananas
20
Breakfast: Assorted cereals & applesauce

AM: Mini bagels with cream cheese, bananas
PM: Wheat Thin crackers with carrots (* bell peppers & crackers), hummus

27
Breakfast: Assorted cereals & bananas
AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks

PM: Rice cakes with yogurt

All breakfasts are served with water and milk.

Assorted cereals are also served as a breakfast option each day. Water is served with all snacks. * 30 months and under

Saturday Night Care

September 14, 2023

3:30 – 10:00

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour

