

# Pre-School October Newsletter

Dear Parents,

The class is adjusting well to school! It's starting to get chilly out so please make sure your child has a coat or sweatshirt. We go outside even if it is chilly or a little misty rain. Our themes this month are fall, pumpkins, and Halloween. We will be testing for fall evaluations and have conferences in November which will be the 18<sup>th</sup>-22<sup>nd</sup>. If your child is going to be gone please email me at [countrydawnjessica@gmail.com](mailto:countrydawnjessica@gmail.com) or message me on ProCare.



We are going to Craven's Farm in Snohomish. Our field trip is Wednesday, October 9<sup>th</sup>. Please have your child here by 9:30am am we are leaving at 10:15am and returning by 12:45pm. The cost for the patch is \$12.50 and it will be billed to your account the day of the field trip. If you are coming with us, please meet us at Carven's, you will also pay for yourself at Craven's. The patch may be muddy please have your child wear clothes that can get muddy and wear boots. Also bring a sack lunch, that can be thrown away, since we will be having lunch there. You can bring an extra pair of clothes and leave them in the classroom so we can change when we get back if we get muddy.

## Reminders:

- Please return your CDC and five questionnaire form if you haven't returned them yet.
- Happy Feet is every Wednesday.
- **Music on Mondays: 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>**
- **October 1<sup>st</sup>: Happy Birthday Kentley**
- **October 8<sup>th</sup>: Happy Birthday Atticus**
- **October 12<sup>th</sup>: Saturday Night Care.** Please sign up at the office with a \$20 cash deposit.
- **October 13<sup>th</sup>: Happy Birthday Jack**
- **October 28<sup>th</sup>: All school assembly with Ms. Ashley**
- **October 31<sup>st</sup>: Class Halloween Party.** Your child can wear their costume to school. Please bring a change of clothes. There will be a sign up sheet on the front door with treats to bring.



Ms. Jessica, Ms. Azure, and Ms. Brie



# October Menu



## 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Country Dawn Lunches All Week - Soynut & Jam M - Grilled Cheese T - Tuna W - English Muffin Pizzas Th - Turkey & Cheese F - Quesadillas	01 Breakfast: Scrambled eggs with ham and cheese & bananas AM: Wheat Thin crackers with cucumbers (*crackers) PM: Pineapple with graham crackers	02 Breakfast: Pancakes & orange slices AM: Vanilla wafers with bananas PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)	03 Breakfast: Croissants with boysenberry jam & cantaloupe AM: Ritz crackers with roasted broccoli PM: Teddy grahams with mandarin oranges	04 Breakfast: Assorted cereals & strawberries AM: Pretzels with green beans (*crackers) PM: Peas, hummus, pita bread
07 Breakfast: Assorted cereals & peaches AM: Rice cakes with pears PM: Bean and cheese tortillas with olives	08 Breakfast: French toast & bananas AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato) PM: Vanilla yogurt with mixed berries	09 Breakfast: Oatmeal & apple slices AM: Goldfish crackers with bell peppers, zucchini PM: Carrots and cheese cubes (* grated cheese & cucumbers)	10 Breakfast: Cinnamon toast & mixed berries AM: Celery, broccoli (* roasted), hummus, pita bread PM: Orange slices with popcorn (* crackers)	11 Breakfast: Assorted cereals & fruit AM: String cheese with roasted potatoes PM: Fig Newtons with applesauce
14 Breakfast: Assorted cereals & pears AM: Green beans with Saltine crackers PM: Soy butter and jam sandwiches with pears	15 Breakfast: English muffins with boysenberry jam or soy butter & mandarin oranges AM: Mini bagels with cream cheese, bananas PM: Pretzels, carrots, celery (* cucumbers & crackers)	16 Breakfast: Bagels with cream cheese & apple slices AM: Roasted cauliflower with Ritz crackers PM: Peas with cheese cubes (* grated cheese)	17 Breakfast: Scrambled eggs with ham, cheese & pineapple AM: Goldfish crackers with cucumbers, bell peppers PM: Vanilla wafers with cantaloupe	18 Breakfast: Assorted cereals & applesauce AM: Graham crackers with grapes (* pineapple) PM: Wheat Thin crackers with carrots (* bell peppers & crackers), hummus
21 Breakfast: Assorted cereals & bananas AM: Fig Newtons with mandarin oranges PM: Tuna sandwiches with pickles	22 Breakfast: Oatmeal & blueberries AM: Turkey cubes with Ritz crackers PM: Apple slices, string cheese	23 Breakfast: Biscuits with sausage gravy & pears AM: Tomato slices, zucchini with Saltine crackers PM: Peas, hummus, pita bread	24 Breakfast: Waffles with strawberries & whip cream AM: Cinnamon tortillas with applesauce PM: Popcorn with grapes (* crackers with pears)	25 Breakfast: Assorted cereals & pineapple AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks PM: Rice cakes with yogurt
28 Breakfast: Assorted cereals & mandarin oranges AM: String cheese with goldfish crackers PM: Cheesy bread with peas	29 Breakfast: Scrambled eggs with ham and cheese & bananas AM: Wheat Thin crackers with cucumbers (*crackers) PM: Pineapple with graham crackers	30 Breakfast: Pancakes & orange slices AM: Pretzels with green beans (*crackers) PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)	31 Breakfast: Croissants with boysenberry jam & cantaloupe AM: Ritz crackers with roasted broccoli PM: Teddy grahams with mandarin oranges	01 All breakfasts are served with water and milk. Assorted cereals are also served as a breakfast option each day. Water is served with all snacks. * 30 months and under

# Saturday Night Care

**October 12, 2024**

**3:30 – 10:00**

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour

