

Pre-K October's Newsletter

Woohoo! We made it through the first month of school. All the kids are doing great and adjusting very nicely. I'm enjoying getting to know you and your child. Fall is in the air and if you ask me, it's the best season! We enjoy playing outside while weather permits, please make sure your child brings a coat/sweater to class. This month I will be working on your child's evaluations to get ready for November's teacher conferences. This year I will have both zoom and in person conferences available. The sign up sheet will be posted by the parent board the last week of October. If you have not already turned in the CDC forms or 5 questions please return them asap.

Pumpkin Patch Field Trip

Thursday, October 10th

Information is posted on the parent board.



Pumpkin Carving night

Wednesday, October 23rd at 6:15pm-7:30pm

This is a fun night for the whole family. The class will be singing a few Fall songs as well.

Things to bring

- A pumpkin already gutted and ready to carve.
- Carving tools.
- A candle/tea light for your pumpkin.
- Dressing up is always welcomed!



Halloween Party

Thursday, October 31st

We will be celebrating with games, dancing and watching a show. I will post the show on the parent board the week before. I will also have a sign up sheet for the party. *Your child will still need a lunch.*

Can't wait to see everyone's costumes!



Themes: Fall, On the farm, Pumpkin Patch, Halloween

Birthdays: Emerson 10/17 Lavik 10/23 Mannan 10/27

Reminders:

10/10: Pumpkin patch field trip.

10/12: Saturday Night Care. Sign up at the office 425-334-3885.

10/21: **No school**

10/23: Pumpkin carving night. 6:15-7:30pm

10/31: Happy Halloween. Class party.

Thank you

Ms. Jenna

countrydawnjenna@gmail.com



Pumpkin Patch Field Trip

Thursday, October 10th

Swan's Trail Farm

7301 Rivershore Rd, Snohomish WA 98290



Things you need to know

- 9:25am:** Doors open for class. Drop off as normal
- 9:50am:** Leaving - Kids will ride the Country Dawn buses
- 10:20am:** Arriving at Swan's Trail
- 10:30-12pm:** Pumpkin Patch
- 12-12:30:** Lunch at the farm - **Please pack lunch in a disposable bag**
- 12:30pm:** Head back to Country Dawn
- 1:00pm:** Arriving
- 1:00pm:** Class ends

Parent info

- \$15 per person this includes a pumpkin. This will be charged to your account.
- >The Farm is not allowing parents on field trips this year. 😞
- >Make sure you have your child dressed in appropriate clothing depending on the weather. Rain Boots are a great choice for the farm.

Example lunch



Looking forward to all the fall fun!

Ms. Jenna



October Menu



2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Country Dawn Lunches All Week - Soynut & Jam M - Grilled Cheese T - Tuna W - English Muffin Pizzas Th - Turkey & Cheese F - Quesadillas	01 Breakfast: Scrambled eggs with ham and cheese & bananas AM: Wheat Thin crackers with cucumbers (*crackers) PM: Pineapple with graham crackers 08 Breakfast: French toast & bananas AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato) PM: Vanilla yogurt with mixed berries 15 Breakfast: English muffins with boysenberry jam or soy butter & mandarin oranges AM: Mini bagels with cream cheese, bananas PM: Pretzels, carrots, celery (* cucumbers & crackers) 22 Breakfast: Oatmeal & blueberries AM: Turkey cubes with Ritz crackers PM: Apple slices, string cheese	02 Breakfast: Pancakes & orange slices AM: Vanilla wafers with bananas PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers) 09 Breakfast: Oatmeal & apple slices AM: Goldfish crackers with bell peppers, zucchini PM: Carrots and cheese cubes (* grated cheese & cucumbers) 16 Breakfast: Bagels with cream cheese & apple slices AM: Roasted cauliflower with Ritz crackers PM: Peas with cheese cubes (* grated cheese) 23 Breakfast: Biscuits with sausage gravy & pears AM: Tomato slices, zucchini with Saltine crackers PM: Peas, hummus, pita bread	03 Breakfast: Croissants with boysenberry jam & cantaloupe AM: Ritz crackers with roasted broccoli PM: Teddy grahams with mandarin oranges 10 Breakfast: Cinnamon toast & mixed berries AM: Celery, broccoli (* roasted), hummus, pita bread PM: Orange slices with popcorn (* crackers) 17 Breakfast: Scrambled eggs with ham, cheese & pineapple AM: Goldfish crackers with cucumbers, bell peppers PM: Vanilla wafers with cantaloupe 24 Breakfast: Waffles with strawberries & whip cream AM: Cinnamon tortillas with applesauce PM: Popcorn with grapes (* crackers with pears)	04 Breakfast: Assorted cereals & strawberries AM: Pretzels with green beans (*crackers) PM: Peas, hummus, pita bread 11 Breakfast: Assorted cereals & fruit AM: String cheese with roasted potatoes PM: Fig Newtons with applesauce 18 Breakfast: Assorted cereals & applesauce AM: Graham crackers with grapes (* pineapple) PM: Wheat Thin crackers with carrots (* bell peppers & crackers), hummus 25 Breakfast: Assorted cereals & pineapple AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks PM: Rice cakes with yogurt
31 Breakfast: Assorted cereals & mandarin oranges AM: String cheese with goldfish crackers PM: Cheesy bread with peas	29 Breakfast: Scrambled eggs with ham and cheese & bananas AM: Wheat Thin crackers with cucumbers (*crackers) PM: Pineapple with graham crackers	30 Breakfast: Pancakes & orange slices AM: Pretzels with green beans (*crackers) PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)	31 Breakfast: Croissants with boysenberry jam & cantaloupe AM: Ritz crackers with roasted broccoli PM: Teddy grahams with mandarin oranges	01 All breakfasts are served with water and milk. Assorted cereals are also served as a breakfast option each day. Water is served with all snacks. * 30 months and under

Saturday Night Care

October 12, 2024

3:30 – 10:00

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour

