

November Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>28</p> <p>Country Dawn Lunches All Week - Sarnit & Jam M - Grilled Cheese T - Tuna W - English Muffin Pizzas Th - Turkey & Cheese F - Quesadillas</p>	<p>29</p> <p>All breakfasts are served with water and milk. Assorted cereals are also served as a breakfast option each day. Water is served with all snacks. * 30 months and under</p>	<p>30</p>	<p>31</p>	<p>01</p>
<p>04</p> <p>Breakfast: Assorted cereals & peaches AM: Rice cakes with pears</p> <p>PM: Bean and cheese tortillas with olives</p> <p>11</p> <p>Breakfast: Assorted cereals & pears</p> <p>AM: Green beans with Saltine crackers PM: Soy butter and jam sandwiches with pears</p> <p>18</p> <p>Breakfast: Assorted cereals & bananas AM: Fig Newtons with mandarin oranges</p> <p>PM: Tuna sandwiches with pickles</p> <p>25</p> <p>Breakfast: Assorted cereals & mandarin oranges</p> <p>AM: String cheese with goldfish crackers PM: Cheesy bread with peas</p>	<p>05</p> <p>Breakfast: French toast & bananas AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato) PM: Vanilla yogurt with mixed berries</p> <p>12</p> <p>Breakfast: English muffins with boysenberry jam or soy butter & mandarin oranges AM: Mini bagels with cream cheese, bananas PM: Pretzels, carrots, celery (* cucumbers & crackers)</p> <p>19</p> <p>Breakfast: Oatmeal & blueberries AM: Turkey cubes with Ritz crackers</p> <p>PM: Apple slices, string cheese</p> <p>26</p> <p>Breakfast: Scrambled eggs with ham and cheese & bananas</p> <p>AM: Wheat Thin crackers with cucumbers (*crackers) PM: Pineapple with graham crackers</p>	<p>06</p> <p>Breakfast: Oatmeal & apple slices AM: Goldfish crackers with bell peppers, zucchini</p> <p>PM: Carrots and cheese cubes (* grated cheese & cucumbers)</p> <p>13</p> <p>Breakfast: Bagels with cream cheese & apple slices</p> <p>AM: Roasted cauliflower with Ritz crackers PM: Peas with cheese cubes (* grated cheese)</p> <p>20</p> <p>Breakfast: Biscuits with sausage gravy & pears AM: Tomato slices, zucchini with Saltine crackers</p> <p>PM: Peas, hummus, pita bread</p> <p>27</p> <p>Breakfast: Pancakes & orange slices</p> <p>AM: Vanilla wafers with bananas PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)</p>	<p>07</p> <p>Breakfast: Cinnamon toast & mixed berries AM: Celery, broccoli (* roasted), hummus, pita bread</p> <p>PM: Orange slices with popcorn (* crackers)</p> <p>14</p> <p>Breakfast: Scrambled eggs with ham, cheese & pineapple</p> <p>AM: Goldfish crackers with cucumbers, bell peppers PM: Vanilla wafers with cantaloupe</p> <p>21</p> <p>Breakfast: Waffles with strawberries & whip cream AM: Cinnamon tortillas with applesauce</p> <p>PM: Popcorn with grapes (* crackers with pears)</p> <p>28</p> <p>Country Dawn</p> <p>Closed for Thanksgiving</p>	<p>08</p> <p>Breakfast: Assorted cereals & fruit AM: String cheese with roasted potatoes</p> <p>PM: Fig Newtons with applesauce</p> <p>15</p> <p>Breakfast: Assorted cereals & applesauce</p> <p>AM: Graham crackers with grapes (* pineapple) PM: Wheat Thin crackers with carrots (* bell peppers & crackers), hummus</p> <p>22</p> <p>Breakfast: Assorted cereals & pineapple AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks PM: Rice cakes with yogurt</p> <p>29</p> <p>Country Dawn</p> <p>Closed for Thanksgiving</p>