



OCTOBER



Wow, hard to believe that it's already been a month together! Everyone has been adjusting so well to their new class and has been having so much fun every day!

We are falling into a good routine and beginning to do more "small group" and art activities throughout the day.

We are working on how to say "please" and "thank you" with our words or sign when we want something. We are working hard on using "gentle hands" and taking turns. We have also been using open cups, which everyone is doing so well at!

Important Dates

10/12 Saturday Night care, sign up at front desk with \$20 cash deposit.

10/28 Elevate Music Assembly

10/31 Halloween Party! We will have a class party and trick or treat around the school! I will have an optional sign up sheet posted on our "Parent's Board" about a week before for treats and goodies to share!

Themes

This month we will focus on:

- Fall
- Fire Safety
- Farm
- Halloween



Reminders

- With the weather changing please ensure your child has a coat with them daily, as well as extra clothes for when it's wet outside. We go out in almost all weather.
- If you haven't brought a family picture in yet, feel free to do so; the kids love seeing you on our wall!
- Breakfast ends at 7:30, ensure your child is fed if they arrive at that time.
- I will be completing CDC evaluations soon, one will be sent home for parents to fill out. We keep these on file to track development.

Birthdays!

- 10/12 Carson
- 10/19 Sidney
- 10/21 Declan



Please contact me with any questions, comments or concerns through ProCare or countrydawnaurora@gmail.com. Thank you!

Ms. Aurora, Ms. Alyssa, Ms. Lilia

2024

October Menu



MONDAY

30

Country Dawn Lunches
All Week - Soynut & Jam
M - Grilled Cheese
T - Tuna
W - English Muffin Pizzas
Th - Turkey & Cheese
F - Quesadillas

07

Breakfast: Assorted cereals & peaches
AM: Rice cakes with pears

PM: Bean and cheese tortillas with olives

14

Breakfast: Assorted cereals & pears

AM: Green beans with Saline crackers

PM: Soy butter and jam sandwiches with pears

21

Breakfast: Assorted cereals & bananas
AM: Fig Newtons with mandarin oranges

PM: Tuna sandwiches with pickles

28

Breakfast: Assorted cereals & mandarin oranges

AM: String cheese with goldfish crackers

PM: Cheesy bread with peas

TUESDAY

01

Breakfast: Scrambled eggs with ham and cheese & bananas
AM: Wheat Thin crackers with cucumbers (*crackers)
PM: Pineapple with graham crackers

08

Breakfast: French toast & bananas

AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato)

PM: Vanilla yogurt with mixed berries

15

Breakfast: English muffins with boysenberry jam or soy butter & mandarin oranges

AM: Mini bagels with cream cheese, bananas

PM: Pretzels, carrots, celery (* cucumbers & crackers)

22

Breakfast: Oatmeal & blueberries

AM: Turkey cubes with Ritz crackers

PM: Apple slices, string cheese

29

Breakfast: Scrambled eggs with ham and cheese & bananas

AM: Wheat Thin crackers with cucumbers (*crackers)

PM: Pineapple with graham crackers

WEDNESDAY

02

Breakfast: Pancakes & orange slices

AM: Vanilla wafers with bananas

PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)

09

Breakfast: Oatmeal & apple slices

AM: Goldfish crackers with bell peppers, zucchini

PM: Carrots and cheese cubes (* grated cheese & cucumbers)

16

Breakfast: Bagels with cream cheese & apple slices

AM: Roasted cauliflower with Ritz crackers

PM: Peas with cheese cubes (* grated cheese)

23

Breakfast: Biscuits with sausage gravy & pears

AM: Tomato slices, zucchini with Saline crackers

PM: Peas, hummus, pita bread

30

Breakfast: Pancakes & orange slices

AM: Pretzels with green beans (*crackers)

PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)

THURSDAY

03

Breakfast: Croissants with boysenberry jam & cantaloupe

AM: Ritz crackers with roasted broccoli

PM: Teddy grahams with mandarin oranges

10

Breakfast: Cinnamon toast & mixed berries

AM: Celery, broccoli (* roasted), hummus, pita bread

PM: Orange slices with popcorn (* crackers)

17

Breakfast: Scrambled eggs with ham, cheese & pineapple

AM: Goldfish crackers with cucumbers, bell peppers

PM: Vanilla wafers with cantaloupe

24

Breakfast: Waffles with strawberries & whip cream

AM: Cinnamon tortillas with applesauce

PM: Popcorn with grapes (* crackers with pears)

31

Breakfast: Croissants with boysenberry jam & cantaloupe

AM: Ritz crackers with roasted broccoli

PM: Teddy grahams with mandarin oranges

FRIDAY

04

Breakfast: Assorted cereals & strawberries

AM: Pretzels with green beans (*crackers)

PM: Peas, hummus, pita bread

11

Breakfast: Assorted cereals & fruit

AM: String cheese with roasted potatoes

PM: Fig Newtons with applesauce

18

Breakfast: Assorted cereals & applesauce

AM: Graham crackers with grapes (* pineapple)

PM: Wheat Thin crackers with carrots (* bell peppers & crackers), hummus

25

Breakfast: Assorted cereals & pineapple

AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks

PM: Rice cakes with yogurt

01

All breakfasts are served with water and milk.

Assorted cereals are also served as a breakfast option each day. Water is served with all snacks. * 30 months and under

Saturday Night Care

October 12, 2024

3:30 – 10:00

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour

