



OCTOBER

Happy October!!! As we continue to work with the kiddos, they have started to settle into the new routine. It has been so nice to get to know all of them and their families. We are going to have a fun month. Our themes are Fall, fire safety, farms and Halloween.

- ✓ Saturday night care will be October 12th
- ✓ We will be having Elevate Music every Wednesday this month
- ✓ Happy Birthday to Leona October 2nd
- ✓ With the weather changing please make sure your child has a jacket
- ✓ We will have Happy Feet on Wednesday with coach Kevin, you can sign your child up at any time (see flyer at front desk)
- ✓ All school assembly will be Friday October 28th
- ✓ Halloween party will be October 31st sign up to bring something to share on signup sheet. The kiddos can wear their costumes as we will be trick-or-treating around the school, also bring an extra pair of clothes for the kiddos to change into after the party
- ✓ Ms. Sarah will be gone October 7th

If you have any questions or concerns, please feel free to message me through ProCare or email countrydawnsarahd@gmail.com

Thank you,

Ms. Sarah and Ms. Georgia



October Menu



2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Country Dawn Lunches All Week - Soynut & Jam M - Grilled Cheese T - Tuna W - English Muffin Pizzas Th - Turkey & Cheese F - Quesadillas	01 Breakfast: Scrambled eggs with ham and cheese & bananas AM: Wheat Thin crackers with cucumbers (*crackers) PM: Pineapple with graham crackers 08 Breakfast: French toast & bananas AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato) PM: Vanilla yogurt with mixed berries 15 Breakfast: English muffins with boysenberry jam or soy butter & mandarin oranges AM: Mini bagels with cream cheese, bananas PM: Pretzels, carrots, celery (* cucumbers & crackers)	02 Breakfast: Pancakes & orange slices AM: Vanilla wafers with bananas PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers) 09 Breakfast: Oatmeal & apple slices AM: Goldfish crackers with bell peppers, zucchini PM: Carrots and cheese cubes (* grated cheese & cucumbers) 16 Breakfast: Bagels with cream cheese & apple slices AM: Roasted cauliflower with Ritz crackers PM: Peas with cheese cubes (* grated cheese)	03 Breakfast: Croissants with boysenberry jam & cantaloupe AM: Ritz crackers with roasted broccoli PM: Teddy grahams with mandarin oranges 10 Breakfast: Cinnamon toast & mixed berries AM: Celery, broccoli (* roasted), hummus, pita bread PM: Orange slices with popcorn (* crackers) 17 Breakfast: Scrambled eggs with ham, cheese & pineapple AM: Goldfish crackers with cucumbers, bell peppers PM: Vanilla wafers with cantaloupe	04 Breakfast: Assorted cereals & strawberries AM: Pretzels with green beans (*crackers) PM: Peas, hummus, pita bread 11 Breakfast: Assorted cereals & fruit AM: String cheese with roasted potatoes PM: Fig Newtons with applesauce 18 Breakfast: Assorted cereals & applesauce AM: Graham crackers with grapes (* pineapple) PM: Wheat Thin crackers with carrots (* bell peppers & crackers), hummus 25 Breakfast: Assorted cereals & pineapple AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks PM: Rice cakes with yogurt
21 Breakfast: Assorted cereals & bananas AM: Fig Newtons with mandarin oranges PM: Tuna sandwiches with pickles 28 Breakfast: Assorted cereals & mandarin oranges AM: String cheese with goldfish crackers PM: Cheesy bread with peas	PM: Apple slices, string cheese 22 Breakfast: Oatmeal & blueberries AM: Turkey cubes with Ritz crackers PM: Apple slices, string cheese 29 Breakfast: Scrambled eggs with ham and cheese & bananas AM: Wheat Thin crackers with cucumbers (*crackers) PM: Pineapple with graham crackers	PM: Peas, hummus, pita bread 30 Breakfast: Pancakes & orange slices AM: Pretzels with green beans (*crackers) PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)	24 Breakfast: Waffles with strawberries & whip cream AM: Cinnamon tortillas with applesauce PM: Popcorn with grapes (* crackers with pears) 31 Breakfast: Croissants with boysenberry jam & cantaloupe AM: Ritz crackers with roasted broccoli PM: Teddy grahams with mandarin oranges	01 All breakfasts are served with water and milk. Assorted cereals are also served as a breakfast option each day. Water is served with all snacks. * 30 months and under

Saturday Night Care

October 12, 2024

3:30 – 10:00

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour

