



NEWSLETTER

Dear Families,

Congratulations! We have made it through the first few weeks of preschool. I'm really pleased with how well your little ones have adjusted and settled into new routines. As the weather changes, please ensure that your child has a coat for outdoor play. I have detailed below some important information for the month of October.

OCTOBER THEMES

On the farm
Pumpkin Patch
Fall
Halloween

OCTOBER BIRTHDAYS

1st - Kyra
12th - Emelia

IMPORTANT INFORMATION & DATES TO REMEMBER

Saturday, October 12th: Saturday night care at the main building.

Call/See main building to sign up with a \$20 cash only deposit.

Thursday, October 24th: Field trip to Craven Farm

- We will transport the children on our Country Dawn buses departing our building at 10:15 am and returning by 1.00 pm. You will need to sign a permission slip for your child to attend.
- Admission of \$12.50 is per person and covers all event activities. We will bill your Country Dawn account **for your child only**. If you would like to attend or have siblings with you, you will meet us at the pumpkin patch and purchase your ticket at the farm. Please pack a disposable lunch. We will have lunch at the farm.
- Please dress your child for the weather. We will attend rain or shine!

Halloween class party on 10/31/2024

- This is a fun, student only class event. Kids are invited to wear their costumes.
- There will be a parent sign up sheet for snacks/treats
- Your child will still need lunch for this day.

'Tis the Holiday Season

There will be lots of discussions about holidays both here and around the world over the next couple of months. If your child would like to share anything about your family's holiday traditions, please send me an email so I can incorporate it into our lessons over the next several weeks.

Student evaluations

We will be working on evaluations this month to get ready for teacher/parent conferences in November (Nov. 18th- Nov. 22nd). If you haven't already, please return your Student (5 questions) questionnaire, and your CDC Milestone checklist.

We're looking forward to a fun-filled October!

Ms. Natalie

Email me using Procure or countrydawnnatalie@gmail.com

Ph: 425-334-5412

October Menu



2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Country Dawn Lunches All Week - Soynut & Jam M - Grilled Cheese T - Tuna W - English Muffin Pizzas Th - Turkey & Cheese F - Quesadillas	01 Breakfast: Scrambled eggs with ham and cheese & bananas AM: Wheat Thin crackers with cucumbers (*crackers) PM: Pineapple with graham crackers	02 Breakfast: Pancakes & orange slices AM: Vanilla wafers with bananas PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)	03 Breakfast: Croissants with boysenberry jam & cantaloupe AM: Ritz crackers with roasted broccoli PM: Teddy grahams with mandarin oranges	04 Breakfast: Assorted cereals & strawberries AM: Pretzels with green beans (*crackers) PM: Peas, hummus, pita bread
07 Breakfast: Assorted cereals & peaches AM: Rice cakes with pears PM: Bean and cheese tortillas with olives	08 Breakfast: French toast & bananas AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato) PM: Vanilla yogurt with mixed berries	09 Breakfast: Oatmeal & apple slices AM: Goldfish crackers with bell peppers, zucchini PM: Carrots and cheese cubes (* grated cheese & cucumbers)	10 Breakfast: Cinnamon toast & mixed berries AM: Celery, broccoli (* roasted), hummus, pita bread PM: Orange slices with popcorn (* crackers)	11 Breakfast: Assorted cereals & fruit AM: String cheese with roasted potatoes PM: Fig Newtons with applesauce
14 Breakfast: Assorted cereals & pears AM: Green beans with Saltine crackers PM: Soy butter and jam sandwiches with pears	15 Breakfast: English muffins with boysenberry jam or soy butter & mandarin oranges AM: Mini bagels with cream cheese, bananas PM: Pretzels, carrots, celery (* cucumbers & crackers)	16 Breakfast: Bagels with cream cheese & apple slices AM: Roasted cauliflower with Ritz crackers PM: Peas with cheese cubes (* grated cheese)	17 Breakfast: Scrambled eggs with ham, cheese & pineapple AM: Goldfish crackers with cucumbers, bell peppers PM: Vanilla wafers with cantaloupe	18 Breakfast: Assorted cereals & applesauce AM: Graham crackers with grapes (* pineapple) PM: Wheat Thin crackers with carrots (* bell peppers & crackers), hummus
21 Breakfast: Assorted cereals & bananas AM: Fig Newtons with mandarin oranges PM: Tuna sandwiches with pickles	22 Breakfast: Oatmeal & blueberries AM: Turkey cubes with Ritz crackers PM: Apple slices, string cheese	23 Breakfast: Biscuits with sausage gravy & pears AM: Tomato slices, zucchini with Saltine crackers PM: Peas, hummus, pita bread	24 Breakfast: Waffles with strawberries & whip cream AM: Cinnamon tortillas with applesauce PM: Popcorn with grapes (* crackers with pears)	25 Breakfast: Assorted cereals & pineapple AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks PM: Rice cakes with yogurt
28 Breakfast: Assorted cereals & mandarin oranges AM: String cheese with goldfish crackers PM: Cheesy bread with peas	29 Breakfast: Scrambled eggs with ham and cheese & bananas AM: Wheat Thin crackers with cucumbers (*crackers) PM: Pineapple with graham crackers	30 Breakfast: Pancakes & orange slices AM: Pretzels with green beans (*crackers) PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)	31 Breakfast: Croissants with boysenberry jam & cantaloupe AM: Ritz crackers with roasted broccoli PM: Teddy grahams with mandarin oranges	01 All breakfasts are served with water and milk. Assorted cereals are also served as a breakfast option each day. Water is served with all snacks. * 30 months and under

Saturday Night Care

October 12, 2024

3:30 – 10:00

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour

