



October Newsletter

BEFORE AND AFTER SCHOOL CARE



Hello families! As the breeze sweeps in and the leaves begin to change, we welcome October with open arms! This month is lined up with exciting activities and events for our before and after school program. We have a bunch of fall themed arts/crafts, games, and even our annual halloween party! Our Halloween party will cost 5 dollars to attend. As the weather begins to change remember to adjust for the cold school days. If you have any questions or concerns about the upcoming month please feel free to send me an email @countrydawnk5@gmail.com or call 425-334-3886. We are all looking forward to a fang-tastic time together this month!

Thank you,

Ms. Erin and Ms. Vanessa

Important Dates



- **Saturday night care on 10/12 with a \$20 deposit**
- **Childcare available all day for k-5 on 10/21**
- **Annual Halloween Party on 10/25 from 6:30pm to 8:30pm**
- **Conference week Oct. 28-31, 2.5 hour early release days**



Birthdays!

Lunella 10/3

Elijah 10/8

Khylor 10/12

October Menu



2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Country Dawn Lunches All Week - Soynut & Jam M - Grilled Cheese T - Tuna W - English Muffin Pizzas Th - Turkey & Cheese F - Quesadillas	01 Breakfast: Scrambled eggs with ham and cheese & bananas AM: Wheat Thin crackers with cucumbers (*crackers) PM: Pineapple with graham crackers	02 Breakfast: Pancakes & orange slices AM: Vanilla wafers with bananas PM: Cheese cubes with Triscuit crackers (*grated cheese and crackers)	03 Breakfast: Croissants with boysenberry jam & cantaloupe AM: Ritz crackers with roasted broccoli PM: Teddy grahams with mandarin oranges	04 Breakfast: Assorted cereals & strawberries AM: Pretzels with green beans (*crackers) PM: Peas, hummus, pita bread
07 Breakfast: Assorted cereals & peaches AM: Rice cakes with pears PM: Bean and cheese tortillas with olives	08 Breakfast: French toast & bananas AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato) PM: Vanilla yogurt with mixed berries	09 Breakfast: Oatmeal & apple slices AM: Goldfish crackers with bell peppers, zucchini PM: Carrots and cheese cubes (*grated cheese & cucumbers)	10 Breakfast: Cinnamon toast & mixed berries AM: Celery, broccoli (*roasted), hummus, pita bread PM: Orange slices with popcorn (*crackers)	11 Breakfast: Assorted cereals & fruit AM: String cheese with roasted potatoes PM: Fig Newtons with applesauce
14 Breakfast: Assorted cereals & pears AM: Green beans with Saltine crackers PM: Soy butter and jam sandwiches with pears	15 Breakfast: English muffins with boysenberry jam or soy butter & mandarin oranges AM: Mini bagels with cream cheese, bananas PM: Pretzels, carrots, celery (*cucumbers & crackers)	16 Breakfast: Bagels with cream cheese & apple slices AM: Roasted cauliflower with Ritz crackers PM: Peas with cheese cubes (*grated cheese)	17 Breakfast: Scrambled eggs with ham, cheese & pineapple AM: Goldfish crackers with cucumbers, bell peppers PM: Vanilla wafers with cantaloupe	18 Breakfast: Assorted cereals & applesauce AM: Graham crackers with grapes (*pineapple) PM: Wheat Thin crackers with carrots (*bell peppers & crackers), hummus
21 Breakfast: Assorted cereals & bananas AM: Fig Newtons with mandarin oranges PM: Tuna sandwiches with pickles	22 Breakfast: Oatmeal & blueberries AM: Turkey cubes with Ritz crackers PM: Apple slices, string cheese	23 Breakfast: Biscuits with sausage gravy & pears AM: Tomato slices, zucchini with Saltine crackers PM: Peas, hummus, pita bread	24 Breakfast: Waffles with strawberries & whip cream AM: Cinnamon tortillas with applesauce PM: Popcorn with grapes (*crackers with pears)	25 Breakfast: Assorted cereals & pineapple AM: Cauliflower, broccoli (*roasted) with ranch, bread sticks PM: Rice cakes with yogurt
28 Breakfast: Assorted cereals & mandarin oranges AM: String cheese with goldfish crackers PM: Cheesy bread with peas	29 Breakfast: Scrambled eggs with ham and cheese & bananas AM: Wheat Thin crackers with cucumbers (*crackers) PM: Pineapple with graham crackers	30 Breakfast: Pancakes & orange slices AM: Pretzels with green beans (*crackers) PM: Cheese cubes with Triscuit crackers (*grated cheese and crackers)	31 Breakfast: Croissants with boysenberry jam & cantaloupe AM: Ritz crackers with roasted broccoli PM: Teddy grahams with mandarin oranges	01 All breakfasts are served with water and milk. Assorted cereals are also served as a breakfast option each day. Water is served with all snacks. * 30 months and under

Saturday Night Care

October 12, 2024

3:30 – 10:00

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour

