



10315 20TH ST. S.E. o LAKE STEVENS, WA 98258 (425-334-3885)

FULL-DAY PRESCHOOL #2



Teacher: Ms. Jessica

CLASS INFORMATION





Dear Preschool Parents/Guardians,

Welcome to the Preschool #2 Program at Country Dawn. My name is Jessica, and I have lived in Lake Stevens my whole life. I graduated from Lake Stevens High School in 2007 and then went to Everett Community College where I got an AA in Criminal Justice. I have worked at Country Dawn since 2007. I have my ATA Certificate in Early Childhood Education. In my free time I enjoy fly fishing, hunting, hiking, spending time outdoors, painting and being with family.

I am excited and am looking forward to the school year and to watch the children discover and grow as individuals. If you have any questions or concerns, feel free to ask, email me at countrydawnjessica@gmail.com or message me through ProCare.

Sincerely,
Ms. Jessica
Preschool #2 Teacher



What To Bring

- *A small bag or backpack.
- *A change of clothes to leave in your child's cubby in case they need to be changed throughout the day.
- *A coat, sweatshirt or raincoat daily. We go outside, unless it's really wet.
- *Sunscreen and we will have you fill out a consent form, so we can apply it.
- *A lunch box with an ice pack for your child's lunch.
- *You are welcome to bring heat up options for your child's lunch; we just ask that we can do so in the microwave in less than one minute.
- *A blanket for nap time. They can also have a small pillow or stuffed animal. We will send these items home at the end of each week so they can be washed. We will provide a mat for your child to use.
- *A family photo that can be displayed in the classroom.



FULL DAY PRESCHOOL #2

Class DAILY Schedule

5:30 - 7:30 Breakfast in Big Room and **Free Choice**

7:00 - 8:30 **Free Choice** in Preschool #2 Classroom

8:30 - 9:05 **Recess (weather permitting)** or **Free Choice** in Preschool #2 Classroom

9:05 - 9:15 Bathroom Break and Wash Hands

9:15 - 9:40 Snack in Preschool #2

9:40 - 10:00 Circle Time (Roll Call, Calendar, Weather, & Helpers) in Preschool #2 Classroom

10:00 - 10:30 **Recess (weather permitting)** or **Free Choice** in Preschool #2 Classroom

10:30 - 10:40 Wash hands

10:40 - 11:40 Activity Time or **Free Choice** in Preschool #2 Classroom

11:40 - 11:50 Wash hands and prepare for lunch.

11:50 - 12:30 Lunch in Preschool #2 Classroom

12:30 - 12:45 Bathroom Break to prepare for Rest Time

12:45 - 2:50 Rest Time in Preschool #2 Classroom

2:50 - 3:00 Bathroom Break and wash hands

3:00 - 3:30 Snack in Preschool #2 Classroom

3:30 - 4:05 **Recess (weather permitting)** or **Free Choice** in Preschool #2 Classroom

4:05 - 4:15 Wash Hands

4:15 - 6:00 **Free Choice** in Preschool #2 Classroom or Big room.

Free Choice and Open Centers include: farm animals, puzzles, table toys, doll house, Legos, blocks, horses, sea creatures, Dinosaurs, trains, housekeeping, books, writing center, sensory and science center.

Outside Activities include: climbing structures, slides, teeter tooter, monkey bars, percussion instruments, spinning seat, balls, jump ropes, parachute play, chalk, bubbles and sensory tables (weather permitting). If the weather doesn't permit going outside, we use the Big Room that is across the hall from Preschool #2 Classroom.

Preschool

Themes

September

- Welcome to School
- Manners
- All about me
- Apples
- Feelings and Emotions

October

- Fall
- Pumpkin Patch
- Halloween

November

- 5 Senses
- Hibernation
- Thanksgiving
- Nutrition

December

- Holidays around the World
- Winter
- Christmas

January

- Welcome to the New Year
- Snowmen
- Polar Animals

February

- Groundhog Day
- Valentines Day
- Transportation

March

- Spring
- St. Patrick's Day
- Weather
- Dr. Seuss
- Easter

April

- Frogs
- Gardening
- Our Earth

May

- Insects and Bugs
- Mother's Day

June

- Father's Day
- Summer Safety

July

- Under the Sea
- Independence Day

August

- Outer Space
- Dinosaurs

PRESCHOOL OBJECTIVES AND GOALS

SOCIAL / EMOTIONAL

Participates in class discussions.
Able to share with others.
Respects others.
Uses “please” and “thank-you”.
Helps to pick up classroom after activity.
Able to play cooperatively with 1 or 2 other children
Speaks in full sentences.
Is understood by most people.
Able to be attentive to an activity 15 to 20 minutes long.
Uses bathroom when needed.

COGNITIVE

Uses “I” rather than “me” in sentences.
Follows 2 oral directions in correct order.
Can sequence 4 story pictures.
Recognize primary colors.
Able to recite own full name.
Able to recite own age.
Able to recite name of own sex.
Recognize own printed first name.
Able to count 1 through 10.
Able to recognize basic shapes.

LARGE MUSCLE COORDINATION

Can catch a ball.
Can jump over a 3-inch object
Can hop on 1 foot across room.
Can gallop
Walks using alternating steps with a heel to toe gait.
Can kick a rolling ball.
Can put on own coat.
Can throw a ball.

SMALL MUSCLE COORDINATION

Able to hold a pencil or crayon with pincer grip.
Can color with control.
Uses glue with control.
Can stack 10 blocks.
Able to string large beads.
Able to put together puzzles.
Can draw a person.
Able to cut with scissors with control.
Can pour water from a small pitcher.
Can trace patterns.

Country Dawn uses a self-planned curriculum that is aligned with the Early Learning Outcomes Framework, Washington State Early Learning and Development Guidelines (www.del.wa.gov) and using some of the basic tools from Creative Curriculum. Through play and teacher observations, lesson plans are created weekly with a weekly theme and goals that vary according to each child’s development domain levels and their needs.

Country Dawn partners with The Sno-Isle Library and receives books for our classroom monthly. Country Dawn offers HappyFeet (www.seattlehappyfeet.com), a weekly extra-curricular soccer fitness program to our Older Toddler class. HappyFeet is a professionally developed child fitness soccer program based on 25 years of youth coaching experience. Country Dawn offers Elevate Music Together, which is an internationally recognized early childhood program providing music and movement for children.

CDC Assessments are provided to families each fall and spring. Teacher Parent Conferences start in the Preschool classrooms however, a conference is provided to any of our families when requested. Country Dawn also participates in Early Achievers, which is Washington’s Quality Rating and Improvement System.