



10315 20 TH ST. S.E. □ LAKE STEVENS, WA 98258 □ (425) 334-3885

Pre-Kindergarten Full Day #1



Teacher: Ms. Vikki

CLASS INFORMATION





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Dear Pre-K families,

Welcome to the Pre-Kindergarten program at Country Dawn. My name is Vikki, and I am looking forward to being your child's Pre-K teacher this year. I am excited to teach your child and make it an amazing year!

Let me tell you about myself. I am married to my husband Scott, and we have 2 wonderful teenagers, Katie and Carter. We have lived in Lake Stevens since 2005. I enjoy reading, baking, hiking, and spending quality time with my family relaxing at the ocean.

I started my working career in healthcare. I attended Edmonds College in the Medical Assisting program. I also have a certification in Phlebotomy and Medical Billing. I worked in healthcare for 10 years, until my daughter was 18 months old, when I decided to stay home full-time. While my children were in Elementary school at Skyline Elementary, I was a classroom volunteer, PTA member, managing the student store, and was a classroom Art Docent. Spending so much time working with the children at Skyline, I realized I really wanted to change careers to education. I became a substitute para educator with the Lake Stevens school district for a year, then was offered a position as a Pre-K teacher's assistant in my church's preschool program. I worked there for 4 years before coming to Country Dawn. I worked as an assistant Pre-K teacher at Country Dawn starting in 2021, before becoming a lead teacher in 2023. I love working with 4- and 5-year-olds. I have completed 30+ hours of Stars Training, and am certified in CPR, AED, and First Aid.

I look forward to a fantastic school year with your children.

Sincerely,
Ms. Vikki



What To Bring

- *A small bag or backpack.
- *A change of clothes to leave in your child's cubby in case they need to be changed throughout the day.
- *A coat, sweatshirt or raincoat daily. We go outside, unless it's really wet.
- *Sunscreen and we will have you fill out a consent form, so we can apply it.
- *A lunch box with an ice pack for your child's lunch.
- *You are welcome to bring heat up options for your child's lunch; we just ask that we can do so in the microwave in less than one minute.
- *A blanket for nap time. They can also have a small pillow or stuffed animal. We will send these items home at the end of each week so they can be washed. We will provide a mat for your child to use.
- *A family photo that can be displayed in the classroom.

PRE-KINDERGARTEN #1

DAILY SCHEDULE

5:30 AM	Country Dawn opens
5:30 AM – 7:30 AM	Breakfast / Free Choice in Big room
7:15 AM – 8:00 AM	Move to Pre-K #1 classroom for Free Choice
8:00 AM – 8:30 AM	Recess (weather permitting) or Free Choice inside
8:30 AM – 8:45 AM	Hand Washing / Puzzles / Books
8:45 AM – 9:00 AM	Circle Time (Flag Salute, Calendar, Weather & Jobs)
9:00 AM – 9:30 AM	Snack
9:30 AM – 10:00 AM	Recess (weather permitting) or Free Choice inside
10:00 AM – 10:10 AM	Hand Washing
10:10 AM – 10:30 AM	Letter/Number Activity / Large Group Time
10:30 AM – 11:30 AM	Small Group Time – Free Choice – Art / Crafts
11:30 AM – 12:15 PM	Lunch
12:15 PM – 12:45 PM	Recess (weather permitting) or Free Choice inside
12:45 PM – 1:00 PM	Prepare for Rest Time
1:00 PM – 2:45 PM	Rest Time
2:45 PM – 3:00 PM	Wake Up – Prepare for Recess
3:00 PM – 3:30 PM	Recess (weather permitting) or Free Choice inside
3:30 PM – 4:00 PM	Snack
4:00 PM – 5:00 PM	Free Choice
5:00 PM – 6:00 PM	Combined Activities with Pre-K #2 and Free Choice in Big room
6:00 PM	Country Dawn closes

Free Choice Activities include: Dramatic Play, Literacy Area, Manipulative Area, Doll House, Building Area, Puzzles, Puppets, Math/Science Area, Games and Art Area.

Outside Activities include: Climbing structures, Slides, Teeter Tooter, Monkey Bars, Percussion Instruments, Spinning Seat, Balls, Jump Ropes, Parachute Play, Chalk, Bubbles and Sensory Tables (weather permitting).

Pre-Kindergarten

Themes

September

- Welcome to School
- Manners
- All about me
- Apples

October

- Fall
- On the Farm
- Pumpkin Patch
- Halloween

November

- 5 Senses
- Hibernation
- Thanksgiving

December

- The Mitten
- Holidays around the World
- Winter

January

- Welcome to the New Year
- Snowmen
- Polar Bears and Penguins

February

- Healthy Bodies
- Groundhog Day
- Valentines Day
- Feelings and Emotions

March

- Spring
- St. Patrick's Day
- Weather
- Dr. Seuss
- Easter

April

- Water Cycle
- Frogs
- Gardening
- Our Earth

May

- Insects and Bugs
- Mother's Day
- Look what's blooming

June

- Father's Day
- Graduation
- Summer

July

- Under the Sea

August

- Outer Space
- Dinosaurs

Pre-Kindergarten Objectives and Goals

Social / Emotional

- Participates in class discussions.
- Uses appropriate manners.
- Respects classmates.
- Shows respect for teachers.
- Talks in full sentences.
- Cleans up space when leaving.
- Able to play alone, and with other children.
- Able to be attentive to an activity 15 to 20 minutes.
- Is more creative with make believe play.

Large Muscle Coordination

- Walks with a heel to toe gait.
- Hops on one foot across room.
- Able to skip.
- Able to gallop.
- Able to throw and catch a ball.
- Able to balance on one foot.
- Able to kick a rolling ball.
- Able to somersault forward.
- Able to jump over a 3-inch object.

Small Muscle Coordination

- Can hold a pencil using a pincer grip.
- Able to cut with scissors with control.
- Able to glue with control.
- Able to trace patterns.
- Pours water from a small pitcher.
- Can draw a person.
- Colors with control.
- Can zip or button own coat.
- Able to string 10 beads.
- Able to put together a puzzle.

Cognitive

- Can repeat four lines of a simple song.
- Able to relate incidents, interpret pictures, and predict outcomes.
- Able to sequentially order four pictures.
- Able to follow three oral directions in correct order.
- Able to count 1 through 20.
- Able to recognize numbers 0 through 20.
- Able to match number of objects to numeral.
- Able to compare sets (more, less, larger, smaller).
- Recognizes shades of color.
- Detects a pattern.
- Able to sort/classify by (shapes, color, sizes, textures).
- Able to recognize shapes (triangle, circle, square, rectangle, oval, diamond).
- Able to recognize positions (first, last, before, after, next, between, over, under, above, below).
- Recognition of uppercase and lowercase letters of alphabet.
- Can recognize his/her own printed name.
- Can recognize his or own name when spelled orally.
- Speaks full name upon request.
- Able to relate age upon request.

Country Dawn uses a self-planned curriculum that is aligned with the Early Learning Outcomes Framework, Washington State Early Learning and Development Guidelines (www.del.wa.gov) and using some of the basic tools from Creative Curriculum. Through play and teacher observations, lesson plans are created weekly with a weekly theme and goals that vary according to each child's development domain levels and their needs.

Country Dawn partners with The Sno-Isle Library and receives books for our classroom monthly. Country Dawn offers HappyFeet (www.seattlehappyfeet.com), a weekly extra-curricular soccer fitness program to our Older Toddler class. HappyFeet is a professionally developed child fitness soccer program based on 25 years of youth coaching experience. Country Dawn offers Elevate Music Together, which is an internationally recognized early childhood program providing music and movement for children.

CDC Assessments are provided to families each fall and spring. Teacher Parent Conferences start in the Preschool classrooms however, a conference is provided to any of our families when requested. Country Dawn also participates in Early Achievers, which is Washington's Quality Rating and Improvement System.