



## February Newsletter

Wow we have had some cold weather. We hope all your holiday celebrations were fun & festive with your babies.

### Happy First Birthday



*Brady R. 2/5*

*Brady E. 2/21*

*Presley W. 2/23*

*Elliott 2/26*

Reminder: please read your child's daily report every day. This is where we will let you know how their day went, and if they need anything like diapers, formula, or diaper cream etc.

Check out the big board out front!

Remember to bring a lunch for your child daily. Please provide fruit and veggies and have their food pre-cut ready for them to eat. Make sure your child's lunch is in a lunch bag with an ice pack.

If they have not yet started having finger foods just let us know when you want to start that.

Most of our babies have started using sippy cups and are doing well. Our goal is to have them using sippy cups when they turn one.

When your baby turns one, feel free to bring in a blanket for them to use at nap time. We will send them home on the weekend for them to get washed.

Groundhog's day: Sunday, February 2<sup>nd</sup>

Valentine's day: Friday, February 14<sup>th</sup>

President's day: Monday, February 17<sup>th</sup>

Country Dawn will be closed for a teacher in service day.

Picture retakes will be on Thursday, March 20<sup>th</sup>.

If you have any questions, please do not hesitate to talk to us. Hope everyone has a wonderful Valentine's Day! 😊

Happy  
Valentine's  
Day

[countrydawnlisa@gmail.com](mailto:countrydawnlisa@gmail.com)

**Lisa, Vita, Jasmin, Isaiah**

# February Menu



## MONDAY

03

Breakfast: Assorted cereals & pears

AM: Green beans with Saltine crackers

PM: Soy butter and jam sandwiches with pears

## TUESDAY

04

Breakfast: English muffins with jam or soy butter & mandarin oranges

AM: Mini bagels with cream cheese, bananas

PM: Pretzels, carrots, celery (\* cucumbers & crackers)

## WEDNESDAY

05

Breakfast: Bagels with cream cheese & apple slices

AM: Roasted cauliflower with Ritz crackers

PM: Peas with cheese cubes (\* grated cheese)

## THURSDAY

06

Breakfast: Scrambled eggs with ham, cheese & pineapple

AM: Goldfish crackers with cucumbers, bell peppers

PM: Vanilla wafers with cantaloupe

## FRIDAY

07

Breakfast: Assorted cereals & applesauce

AM: Graham crackers with grapes (\* pineapple)

PM: Wheat Thin crackers with carrots (\* bell peppers & crackers), hummus

10

Breakfast: Assorted cereals & bananas

AM: Fig Newtons with mandarin oranges

PM: Tuna sandwiches with pickles

17

## Country Dawn

Closed for

In-service Day

24

Breakfast: Assorted cereals & peaches

AM: Rice cakes with pears

PM: Bean and cheese tortillas with olives

03

## Country Dawn Lunches

All Week - Soynut & Jam

M - Grilled Cheese

T - Tuna

W - English Muffin Pizzas

Th - Turkey & Cheese

F - Quesadillas

11

Breakfast: Oatmeal & blueberries

AM: Turkey cubes with Ritz crackers

PM: Apple slices, string cheese

18

Breakfast: Scrambled eggs with ham and cheese & bananas

AM: Wheat Thin crackers with cucumbers (\*crackers)

PM: Pineapple with graham crackers

25

Breakfast: French toast & bananas

AM: Breadsticks with cauliflower, tomato slices, ranch (\* only tomato)

PM: Vanilla yogurt with mixed berries

04

All breakfasts are served with water and milk.

Assorted cereals are also served as a breakfast option each day.

Water is served with all snacks. \* 30 months and under

12

Breakfast: Biscuits with sausage gravy & pears

AM: Tomato slices, zucchini with Saltine crackers

PM: Peas, hummus, pita bread

19

Breakfast: Pancakes & orange slices

AM: Vanilla wafers with bananas

PM: Cheese cubes with Triscuit crackers (\* grated cheese and crackers)

26

Breakfast: Oatmeal & apple slices

AM: Goldfish crackers with bell peppers, zucchini

PM: Carrots and cheese cubes (\* grated cheese & cucumbers)

13

Breakfast: Waffles & strawberries

AM: Cinnamon tortillas with applesauce

PM: Popcorn with grapes (\* crackers with pears)

20

Breakfast: Croissants with jam & cantaloupe

AM: Ritz crackers with roasted broccoli

PM: Teddy grahams with mandarin oranges

27

Breakfast: Cinnamon toast & mixed berries

AM: Celery, broccoli (\* roasted), hummus, pita bread

PM: Orange slices with popcorn (\* crackers)

14

Breakfast: Assorted cereals & pineapple

AM: Cauliflower, broccoli (\* roasted) with ranch, bread sticks

PM: Rice cakes with yogurt

21

Breakfast: Assorted cereals & strawberries

AM: Pretzels with green beans (\*crackers)

PM: Peas, hummus, pita bread

28

Breakfast: Assorted cereals & fruit

AM: String cheese with roasted potatoes

PM: Fig Newtons with applesauce

# Saturday Night Care

**February 8th & 15th**

**3:30 – 10:00**

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

**\$20 cash deposit required per family to sign up**

**pay the balance when you pick up**

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour

