

# FEBRUARY NEWSLETTER

## 2025

### Themes

This month, we will be working on letter J,V,G,F and numbers 13,14,15 and 16 while we talk about the following themes:

- Healthy Bodies
- Groundhog Day
- Valentines Day
- Feelings and Emotions

### Contact Me

If you have any questions about your child, please feel free to reach out to me. My contact information is below:

- Procure
- [countrydawnmonica@gmail.com](mailto:countrydawnmonica@gmail.com)

### Reminders:

- Elevate Music- Mondays, February 3rd, 10th, and 24th.
- Family Music Day Saturday, February 22nd. More info to come.
- Assembly- Friday, February 28th
- Saturday Night Care- February 8th and 15th from 3:30 to 10:00. Sign up at the front desk with a \$20 cash deposit.
- President's Day- February 17th. **CLOSED** for an in service day.
- **Valentines Day Party** February 14th at 9:00 am. Your child is welcome to bring in Valentines for 21 friends. Just put your child name on Valentines.
- Valentine Party sign up sheet is at the entrance of our classroom.
- Save the date Conference- March 10th-14th. I will put up a sign up sheet at the end of the month.
- Picture Retakes will be on Thursday, March 20th.

Happy February,  
Ms. Monica, Ms. Tia and Ms. Claudia

# February Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>03</b> Breakfast: Assorted cereals & pears AM: Green beans with Saltine crackers PM: Soy butter and jam sandwiches with pears	<b>04</b> Breakfast: English muffins with jam or soy butter & mandarin oranges AM: Mini bagels with cream cheese, bananas PM: Pretzels, carrots, celery (* cucumbers & crackers)	<b>05</b> Breakfast: Bagels with cream cheese & apple slices AM: Roasted cauliflower with Ritz crackers PM: Peas with cheese cubes (* grated cheese)	<b>06</b> Breakfast: Scrambled eggs with ham, cheese & pineapple AM: Goldfish crackers with cucumbers, bell peppers PM: Vanilla wafers with cantaloupe	<b>07</b> Breakfast: Assorted cereals & applesauce AM: Graham crackers with grapes (* pineapple) PM: Wheat Thin crackers with carrots (* bell peppers & crackers), hummus
<b>10</b> Breakfast: Assorted cereals & bananas AM: Fig Newtons with mandarin oranges PM: Tuna sandwiches with pickles	<b>11</b> Breakfast: Oatmeal & blueberries AM: Turkey cubes with Ritz crackers PM: Apple slices, string cheese	<b>12</b> Breakfast: Biscuits with sausage gravy & pears AM: Tomato slices, zucchini with Saltine crackers PM: Peas, hummus, pita bread	<b>13</b> Breakfast: Waffles & strawberries AM: Cinnamon tortillas with applesauce PM: Popcorn with grapes (* crackers with pears)	<b>14</b> Breakfast: Assorted cereals & pineapple AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks PM: Rice cakes with yogurt
<b>17</b> Country Dawn Closed for In-service Day	<b>18</b> Breakfast: Scrambled eggs with ham and cheese & bananas AM: Wheat Thin crackers with cucumbers (*crackers) PM: Pineapple with graham crackers	<b>19</b> Breakfast: Pancakes & orange slices AM: Vanilla wafers with bananas PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)	<b>20</b> Breakfast: Croissants with jam & cantaloupe AM: Ritz crackers with roasted broccoli PM: Teddy grahams with mandarin oranges	<b>21</b> Breakfast: Assorted cereals & strawberries AM: Pretzels with green beans (*crackers) PM: Peas, hummus, pita bread
<b>24</b> Breakfast: Assorted cereals & peaches AM: Rice cakes with pears PM: Bean and cheese tortillas with olives	<b>25</b> Breakfast: French toast & bananas AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato) PM: Vanilla yogurt with mixed berries	<b>26</b> Breakfast: Oatmeal & apple slices AM: Goldfish crackers with bell peppers, zucchini PM: Carrots and cheese cubes (* grated cheese & cucumbers)	<b>27</b> Breakfast: Cinnamon toast & mixed berries AM: Celery, broccoli (* roasted), hummus, pita bread PM: Orange slices with popcorn (* crackers)	<b>28</b> Breakfast: Assorted cereals & fruit AM: String cheese with roasted potatoes PM: Fig Newtons with applesauce

All breakfasts are served with water and milk.  
 Assorted cereals are also served as a breakfast option each day.  
 Water is served with all snacks.  
 \* 30 months and under

**Country Dawn Lunches**  
 All Week - Soynut & Jam  
 M - Grilled Cheese  
 T - Tuna  
 W - English Muffin Pizzas  
 Th - Turkey & Cheese  
 F - Quesadillas

# Saturday Night Care

**February 8th & 15th**

**3:30 – 10:00**

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

**\$20 cash deposit required per family to sign up**

**pay the balance when you pick up**

**1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour**

