



March Newsletter

Happy March! I can't believe how fast this year is going! We are ready for spring and some sunshine 😊

All our babies are doing so well! They are exploring so much and getting more curious by the minute. Most of our babies have been practicing using sippy water cups with their meals and are doing great!

When your baby turns 1, we offer mixing their formula/breastmilk with whole milk. This helps them with the transition to whole milk. We also start to transition from bottles to a sippy cup after a year as well. Thank you for practicing at home too. This helps the transition go even smoother.

Also, when your baby turns 1 feel free to bring in a blanket for nap time, we will send it home on Fridays to be washed. Please bring your child in with shoes, it helps with walking.

Happy Birthday

Presley H 3/9

Marlowe 3/28

Reminders:

-Please remember to provide several changes of clothes in your child's diaper bag.

-Please remember to provide a daily lunch for your baby. We provide AM and PM snack. Please provide a vegetable, fruit, and a dairy along with a protein (having a

lunch box with an ice pack helps when storing their food).

-If your baby is sick, please keep them home to prevent germs from spreading.

-Current family registration will be sent out Thursday, March 6th and are due back by Friday, March 14th

-Day light savings time: Sunday, March 9th
~spring ahead

-Ms. Lisa will be gone March 12th – 17th

-St. Patrick's Day is Monday, March 17th. Please have your child wear **green**.

-Picture re-takes are on Thursday, March 20th starting at 8:30

-First day of Spring: Thursday, March 20th

Spirit week is March 31st – April 4th

Monday: Sports Day

Tuesday: Princess & Superhero Day

Wednesday: Creative Hair Day

Thursday: Color Wars – Wear **Red**

Friday: Pajama Day

If you have any questions or concerns, please do not hesitate to ask us. Feel free to email me or send a message through ProCare. We are here to help!

Email: countrydawnlisa@gmail.com

Lisa, Vita, Jasmin, Isaiah



March Menu



MONDAY

03

Breakfast: Assorted cereals & pears

AM: Green beans with Saltine crackers

PM: Soy butter and jam sandwiches with pears

TUESDAY

04

Breakfast: English muffins with jam or soy butter & mandarin oranges

AM: Mini bagels with cream cheese, bananas

PM: Pretzels, carrots, celery (* cucumbers & crackers)

WEDNESDAY

05

Breakfast: Bagels with cream cheese & apple slices

AM: Roasted cauliflower with Ritz crackers

PM: Peas with cheese cubes (* grated cheese)

THURSDAY

06

Breakfast: Scrambled eggs with ham, cheese & pineapple

AM: Goldfish crackers with cucumbers, bell peppers

PM: Vanilla wafers with cantaloupe

FRIDAY

07

Breakfast: Assorted cereals & applesauce

AM: Graham crackers with grapes (* pineapple)

PM: Wheat Thin crackers with carrots (* bell peppers & crackers), hummus

MONDAY

10

Breakfast: Assorted cereals & bananas

AM: Fig Newtons with mandarin oranges

PM: Tuna sandwiches with pickles

TUESDAY

11

Breakfast: Oatmeal & blueberries

AM: Turkey cubes with Ritz crackers

PM: Apple slices, string cheese

WEDNESDAY

12

Breakfast: Biscuits with sausage gravy & pears

AM: Tomato slices, zucchini with Saltine crackers

PM: Peas, hummus, pita bread

THURSDAY

13

Breakfast: Waffles & strawberries

AM: Cinnamon tortillas with applesauce

PM: Popcorn with grapes (* crackers with pears)

FRIDAY

14

Breakfast: Assorted cereals & pineapple

AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks

PM: Rice cakes with yogurt

MONDAY

17

Breakfast: Assorted cereals & mandarin oranges

AM: String cheese with goldfish crackers

PM: Cheesy bread with peas

TUESDAY

18

Breakfast: Scrambled eggs with ham and cheese & bananas

AM: Wheat Thin crackers with cucumbers (*crackers)

PM: Pineapple with graham crackers

WEDNESDAY

19

Breakfast: Pancakes & orange slices

AM: Vanilla wafers with bananas

PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)

THURSDAY

20

Breakfast: Croissants with jam & cantaloupe

AM: Ritz crackers with roasted broccoli

PM: Teddy grahams with mandarin oranges

FRIDAY

21

Breakfast: Assorted cereals & strawberries

AM: Pretzels with green beans (*crackers)

PM: Peas, hummus, pita bread

MONDAY

24

Breakfast: Assorted cereals & peaches

AM: Rice cakes with pears

PM: Bean and cheese tortillas with olives

TUESDAY

25

Breakfast: French toast & bananas

AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato)

PM: Vanilla yogurt with mixed berries

WEDNESDAY

26

Breakfast: Oatmeal & apple slices

AM: Goldfish crackers with bell peppers, zucchini

PM: Carrots and cheese cubes (* grated cheese & cucumbers)

THURSDAY

27

Breakfast: Cinnamon toast & mixed berries

AM: Celery, broccoli (* roasted), hummus, pita bread

PM: Orange slices with popcorn (* crackers)

FRIDAY

28

Breakfast: Assorted cereals & fruit

AM: String cheese with roasted potatoes

PM: Fig Newtons with applesauce

MONDAY

31

Breakfast: Assorted cereals & pears

AM: Green beans with Saltine crackers

PM: Soy butter and jam sandwiches with pears

TUESDAY

01

Country Dawn Lunches
All Week - Soynut & Jam
M - Grilled Cheese
T - Tuna
W - English Muffin Pizzas
Th - Turkey & Cheese
F - Quesadillas

All breakfasts are served with water and milk.
Assorted cereals are also served as a breakfast option each day.
Water is served with all snacks.
* 30 months and under

Saturday Night Care

March 8th

3:30 – 10:00

Pizza dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night.

The deposit is not refundable if you are no show.

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour

