

# March 2025

## Hello SPRING!



Hello, my name is Mrs. Amanda I will be your new teacher for our before and after school program. I have been here at Country Dawn since September 2024. I came from Southern California and my husband, dogs and I moved here to Lake Stevens in the Summer of 2023. We love it here in WA!

We are currently expecting our first child in June 2025. So I will be returning back in the Fall of 2025 as well.

I look forward to meeting you and answering any questions you have along the way. I have been working with your children for the past few months I am thankful for the opportunity to lead the class and to have fun the remaining of the school year. We will be continuing crafts, games and working on our social and academic needs.

If you have any questions feel free to call 425-334-5412 or send an email to [countrydawnk5@gmail.com](mailto:countrydawnk5@gmail.com)



## Upcoming Events:

- Saturday Night Care March 8th** - Sign up at front desk w/ **\$20 Cash Deposit**  
**425-334-3885**
- Daylight savings time** - Sunday March 9th (**SPRING AHEAD**)
- Conference LSSD 3/3-3/6** 2.5 hour early release
- Current Family Registration** will be sent out on Thursday, March 6th & **due back** by Friday, March 14th.
- Wear Green for Monday 3/17** - We will be doing a fun craft!
- First day of Spring Thursday, March 20th
- KG-5th - **SPRING BREAK** (April 7th-11th) \*Field trip info to come
- Open Registration** to the public April 14th-18th.
- Messages - Email and ProCare

### Birthdays:

Avery 3/2

Isaac 3/8

Emery 3/19

Andrew 3/23

# March Menu



## MONDAY

03

Breakfast: Assorted cereals & pears

AM: Green beans with Saltine crackers

PM: Soy butter and jam sandwiches with pears

## TUESDAY

04

Breakfast: English muffins with jam or soy butter & mandarin oranges

AM: Mini bagels with cream cheese, bananas

PM: Pretzels, carrots, celery (\* cucumbers & crackers)

## WEDNESDAY

05

Breakfast: Bagels with cream cheese & apple slices

AM: Roasted cauliflower with Ritz crackers

PM: Peas with cheese cubes (\* grated cheese)

## THURSDAY

06

Breakfast: Scrambled eggs with ham, cheese & pineapple

AM: Goldfish crackers with cucumbers, bell peppers

PM: Vanilla wafers with cantaloupe

## FRIDAY

07

Breakfast: Assorted cereals & applesauce

AM: Graham crackers with grapes (\* pineapple)

PM: Wheat Thin crackers with carrots (\* bell peppers & crackers), hummus

10

Breakfast: Assorted cereals & bananas

AM: Fig Newtons with mandarin oranges

PM: Tuna sandwiches with pickles

17

Breakfast: Assorted cereals & mandarin oranges

AM: String cheese with goldfish crackers

PM: Cheesy bread with peas

11

Breakfast: Oatmeal & blueberries

AM: Turkey cubes with Ritz crackers

PM: Apple slices, string cheese

12

Breakfast: Biscuits with sausage gravy & pears

AM: Tomato slices, zucchini with Saltine crackers

PM: Peas, hummus, pita bread

13

Breakfast: Waffles & strawberries

AM: Cinnamon tortillas with applesauce

PM: Popcorn with grapes (\* crackers with pears)

14

Breakfast: Assorted cereals & pineapple

AM: Cauliflower, broccoli (\* roasted) with ranch, bread sticks

PM: Rice cakes with yogurt

18

Breakfast: Scrambled eggs with ham and cheese & bananas

AM: Wheat Thin crackers with cucumbers (\*crackers)

PM: Pineapple with graham crackers

19

Breakfast: Pancakes & orange slices

AM: Vanilla wafers with bananas

PM: Cheese cubes with Triscuit crackers (\* grated cheese and crackers)

20

Breakfast: Croissants with jam & cantaloupe

AM: Ritz crackers with roasted broccoli

PM: Teddy grahams with mandarin oranges

21

Breakfast: Assorted cereals & strawberries

AM: Pretzels with green beans (\*crackers)

PM: Peas, hummus, pita bread

24

Breakfast: Assorted cereals & peaches

AM: Rice cakes with pears

PM: Bean and cheese tortillas with olives

25

Breakfast: French toast & bananas

AM: Breadsticks with cauliflower, tomato slices, ranch (\* only tomato)

PM: Vanilla yogurt with mixed berries

26

Breakfast: Oatmeal & apple slices

AM: Goldfish crackers with bell peppers, zucchini

PM: Carrots and cheese cubes (\* grated cheese & cucumbers)

27

Breakfast: Cinnamon toast & mixed berries

AM: Celery, broccoli (\* roasted), hummus, pita bread

PM: Orange slices with popcorn (\* crackers)

28

Breakfast: Assorted cereals & fruit

AM: String cheese with roasted potatoes

PM: Fig Newtons with applesauce

31

Breakfast: Assorted cereals & pears

AM: Green beans with Saltine crackers

PM: Soy butter and jam sandwiches with pears

### Country Dawn Lunches

All Week - Soynut & Jam

M - Grilled Cheese

T - Tuna

W - English Muffin Pizzas

Th - Turkey & Cheese

F - Quesadillas

All breakfasts are served with water and milk.

Assorted cereals are also served as a breakfast option each day.

Water is served with all snacks.

\* 30 months and under

# Saturday Night Care

March 8th

3:30 – 10:00

Pizza dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night.

The deposit is not refundable if you are no show.

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour

