

APRIL

We are learning...

We are so excited that the days are getting longer and warmer! We have all been working on "inside voices" and are doing a good job reminding others nicely to do so. We are also working hard to learn appropriate ways to manage our anger such as deep breaths or throwing and kicking balls or pillows to get angry energy out. Words like "stop," "I don't like that", or "I need space" are being heavily encouraged as well. Overall everyone is doing very well and we are looking forward to warm spring and summer days!

Themes

This month we will focus on:

- Easter
- Earth Day
- Gardening
- Healthy Foods

Important Dates

4/2, 4/16, 4/23, 4/30- Elevate Music Together

4/12- Saturday night Care, sign up at front desk with \$20 cash deposit.

4/18- All School Easter Egg Hunt!

4/25- Assembly

Reminders

- With the sun coming out more we will start applying sunscreen before outside time. I will be sending messages to those of you who don't have sunscreen here, or if what we have is expired. Reminder that all sunscreen must be lotions, **no aerosols.**
- Please let me know anytime your child will be absent for staffing purposes.
- Reminder that per licensing laws, lunches from home need to be in a lunch box with an icepack.

Please contact me with any questions, comments or concerns through ProCare or countrydawnaurora@gmail.com. Thank you!



Ms. Aurora, Ms. Alyssa, Ms. Lilia

April Menu



2025

MONDAY

31

TUESDAY

01

Breakfast: English muffins with jam or soy butter & mandarin oranges

AM: Mini bagels with cream cheese, bananas

PM: Pretzels, carrots, celery (* cucumbers & crackers)

07

Breakfast: Assorted cereals & bananas

AM: Fig Newtons with mandarin oranges

PM: Tuna sandwiches with pickles

14

Breakfast: Assorted cereals & mandarin oranges

AM: String cheese with goldfish crackers

PM: Cheesy bread with peas

21

Breakfast: Assorted cereals & peaches

AM: Rice cakes with peas

PM: Bean and cheese tortillas with olives

28

Breakfast: Assorted cereals & pears

AM: Green beans with Saltine crackers

PM: Soy butter and jam sandwiches with peas

WEDNESDAY

02

Breakfast: Bagels with cream cheese & apple slices

AM: Roasted cauliflower with Ritz crackers

PM: Peas with cheese cubes (* grated cheese)

09

Breakfast: Biscuits with sausage gravy & pears

AM: Tomato slices, zucchini with Saltine crackers

PM: Peas, hummus, pita bread

16

Breakfast: Pancakes & orange slices

AM: Vanilla wafers with bananas

PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)

23

Breakfast: Oatmeal & apple slices

AM: Goldfish crackers with bell peppers, zucchini

PM: Carrots and cheese cubes (* grated cheese & cucumbers)

30

Breakfast: Bagels with cream cheese & apple slices

AM: Roasted cauliflower with Ritz crackers

PM: Peas with cheese cubes (* grated cheese)

THURSDAY

03

Breakfast: Scrambled eggs with ham, cheese & pineapple

AM: Goldfish crackers with cucumbers, bell peppers

PM: Vanilla wafers with cantaloupe

10

Breakfast: Waffles & strawberries

AM: Cinnamon tortillas with applesauce

PM: Popcorn with grapes (* crackers with pears)

17

Breakfast: Croissants with jam & cantaloupe

AM: Ritz crackers with roasted broccoli

PM: Teddy grahams with mandarin oranges

24

Breakfast: Cinnamon toast & mixed berries

AM: Celery, broccoli (* roasted), hummus, pita bread

PM: Orange slices with popcorn (* crackers)

01

Country Dawn Lunches

All Week - Sovnut & Jam

M - Grilled Cheese

T - Tuna

W - English Muffin Pizzas

Th - Turkey & Cheese

F - Quesadillas

FRIDAY

04

Breakfast: Assorted cereals & applesauce

AM: Graham crackers with grapes (* pineapple)

PM: Wheat Thin crackers with carrots (* bell peppers & crackers), hummus

11

Breakfast: Assorted cereals & pineapple

AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks

PM: Rice cakes with yogurt

18

Breakfast: Assorted cereals & strawberries

AM: Pretzels with green beans (*crackers)

PM: Peas, hummus, pita bread

25

Breakfast: Assorted cereals & fruit

AM: String cheese with roasted potatoes

PM: Fig Newtons with applesauce

02

All breakfasts are served with water and milk.

Assorted cereals are also served as a breakfast option each day.

Water is served with all snacks.

* 30 months and under

Saturday Night Care

April 12th

4:30 – 10:00

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

The deposit is not refundable if you are no show

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour





Sunscreen Consent Form

Child's Name: _____

Brand name and strength of sunscreen you are providing:

**Must be lotion, not aerosol (spray on) sunscreen per
WAC 110-300-0240-2d.**

I authorize Country Dawn staff to administer or assist my child in administering sunscreen , as necessary for protection against sun exposure during outside activities. I understand that this authorization is to remain in effect until resigned by me.

Sunscreen is considered a non-prescription medication and as such may only be administered in accordance with instructions provided by the manufacturer on the label. The sunscreen you provide must be labeled with the child's name. **Sunscreen must be turned into your child's teacher along with this form.** If the sunscreen you provide runs out, Country Dawn will provide Coppertone Kids, SPF 50 until you bring a new sunscreen.

Parent/Guardian printed name _____

Parent/Guardian signature _____ Date _____