



Spring is here! We are so excited for warmer weather and longer playtime outside. This year is flying by and we already have learned so much. I am really enjoying being your child's teacher and watching them grow and learn! Our themes this month are Garden/Veggies, Easter and Spring.

- Spring Break is April 7th-11th. Please let us know if your child will be gone this week.
- Elevate Music is on Wednesdays from 9:45-10:15.
- Saturday Night Care, April 12th. Please sign up at the front desk with a \$20 cash deposit.
- Easter is April 20th. We will be having an Easter party and egg hunt on Friday, April 18th. A sign up sheet will be posted on our door.
- We will be having an assembly on April 25th.

Reminders:

- Breakfast is from 5:30am to 7:30am. If you would like your child to have breakfast please have them arrive before 7:30am.
- Please make sure your child has a blanket, extra clothes for each day and a jacket for outdoors.
- We are excited to say that we have almost all the kids potty trained.....yay!! Please let us know if you are going to start potty training at home so we are on the same page. Our goal is to have all the kids potty trained by August so they can all move up to preschool together. That includes no pull-up during nap time as well. If your child is potty trained and you think we can try no pull-up at naptime please message me and we can start that.
- Please fill out a sunscreen form and bring it in. No aerosol cans. Sunscreen needs to be lotion only.

Birthdays:

Happy Birthday to:

Oliver 4/8

Jaron 4/20

Rowan 4/27

Asher 4/29

Korbin 4/29

If you have any questions or concerns please send me a message me on Procare or email me at countrydawnkristen@gmail.com

Ms. Kristen, Ms. Araya & Ms. Monique 🌸

April Menu

2025



MONDAY

31

TUESDAY

01

Breakfast: English muffins with jam or soy butter & mandarin oranges

AM: Mini bagels with cream cheese, bananas

PM: Pretzels, carrots, celery (* cucumbers & crackers)

07

Breakfast: Assorted cereals & bananas

AM: Fig Newtons with mandarin oranges

PM: Tuna sandwiches with pickles

14

Breakfast: Assorted cereals & mandarin oranges

AM: String cheese with goldfish crackers

PM: Cheesy bread with peas

15

Breakfast: Scrambled eggs with ham and cheese & bananas

AM: Wheat Thin crackers with cucumbers (*crackers)

PM: Pineapple with graham crackers

22

Breakfast: French toast & bananas

AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato)

PM: Vanilla yogurt with mixed berries

29

Breakfast: English muffins with jam or soy butter & mandarin

AM: Mini bagels with cream cheese, bananas

PM: Pretzels, carrots, celery (* cucumbers & crackers)

WEDNESDAY

02

Breakfast: Bagels with cream cheese & apple slices

AM: Roasted cauliflower with Ritz crackers

PM: Peas with cheese cubes (* grated cheese)

09

Breakfast: Biscuits with sausage gravy & pears

AM: Tomato slices, zucchini with Saltine crackers

PM: Peas, hummus, pita bread

16

Breakfast: Pancakes & orange slices

AM: Vanilla wafers with bananas

PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)

23

Breakfast: Oatmeal & apple slices

AM: Goldfish crackers with bell peppers, zucchini

PM: Carrots and cheese cubes (* grated cheese & cucumbers)

30

Breakfast: Bagels with cream cheese & apple slices

AM: Roasted cauliflower with Ritz crackers

PM: Peas with cheese cubes (* grated cheese)

THURSDAY

03

Breakfast: Scrambled eggs with ham, cheese & pineapple

AM: Goldfish crackers with cucumbers, bell peppers

PM: Vanilla wafers with cantaloupe

10

Breakfast: Waffles & strawberries

AM: Cinnamon tortillas with applesauce

PM: Popcorn with grapes (* crackers with pears)

17

Breakfast: Croissants with jam & cantaloupe

AM: Ritz crackers with roasted broccoli

PM: Teddy grahams with mandarin oranges

24

Breakfast: Cinnamon toast & mixed berries

AM: Celery, broccoli (* roasted), hummus, pita bread

PM: Orange slices with popcorn (* crackers)

01

Country Dawn Lunches

All Week - Sovnut & Jam M - Grilled Cheese

T - Tuna

W - English Muffin Pizzas

Th - Turkey & Cheese

F - Quesadillas

FRIDAY

04

Breakfast: Assorted cereals & applesauce

AM: Graham crackers with grapes (* pineapple)

PM: Wheat Thin crackers with carrots (* bell peppers & crackers), hummus

11

Breakfast: Assorted cereals & pineapple

AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks

PM: Rice cakes with yogurt

18

Breakfast: Assorted cereals & strawberries

AM: Pretzels with green beans (*crackers)

PM: Peas, hummus, pita bread

25

Breakfast: Assorted cereals & fruit

AM: String cheese with roasted potatoes

PM: Fig Newtons with applesauce

02

All breakfasts are served with water and milk.

Assorted cereals are also served as a breakfast option each day.

Water is served with all snacks.

* 30 months and under

Saturday Night Care

April 12th

4:30 – 10:00

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

The deposit is not refundable if you are no show

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour





Sunscreen Consent Form

Child's Name: _____

Brand name and strength of sunscreen you are providing:

**Must be lotion, not aerosol (spray on) sunscreen per
WAC 110-300-0240-2d.**

I authorize Country Dawn staff to administer or assist my child in administering sunscreen , as necessary for protection against sun exposure during outside activities. I understand that this authorization is to remain in effect until resigned by me.

Sunscreen is considered a non-prescription medication and as such may only be administered in accordance with instructions provided by the manufacturer on the label. The sunscreen you provide must be labeled with the child's name. **Sunscreen must be turned into your child's teacher along with this form.** If the sunscreen you provide runs out, Country Dawn will provide Coppertone Kids, SPF 50 until you bring a new sunscreen.

Parent/Guardian printed name _____

Parent/Guardian signature _____ Date _____