

APRIL

Happy April and hello spring! It will be a busy month. Potty training is going wonderful, we will continue working with the kids. Our themes this month are Healthy Foods, Easter, Earth Day.

- Spring Break is April 7th - 11th, please let us know if your child will be gone.
- Happy Birthday Asher April 7th
- We have Elevate music every Wednesday this month, except the 9th at 10:55am
- Saturday night care is April 12th please sign up with a \$20 cash deposit at the front desk
- Please bring in sunscreen and fill out a form, must be lotion no aerosol cans
- Easter is April 20th, we will have an Easter egg hunt and party on Friday the 18th
- Assembly will be April 25th

If you have any questions or concerns please countrydawnsarahd@gmail.com or message me through ProCare.



April Menu

2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	01	02	03	04
Breakfast: Assorted cereals & bananas AM: Fig Newtons with mandarin oranges	Breakfast: English muffins with jam or soy butter & mandarin oranges AM: Mini bagels with cream cheese, bananas PM: Pretzels, carrots, celery (* cucumbers & crackers)	Breakfast: Bagels with cream cheese & apple slices AM: Roasted cauliflower with Ritz crackers PM: Peas with cheese cubes (* grated cheese)	Breakfast: Scrambled eggs with ham, cheese & pineapple AM: Goldfish crackers with cucumbers, bell peppers PM: Vanilla wafers with cantaloupe	Breakfast: Assorted cereals & applesauce AM: Graham crackers with grapes (* pineapple) PM: Wheat Thin crackers with carrots (* bell peppers & crackers), hummus
PM: Tuna sandwiches with pickles	AM: Turkey cubes with Ritz crackers	AM: Tomato slices, zucchini with Saltine crackers	AM: Cinnamon tortillas with applesauce	AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks
14	08	09	10	11
Breakfast: Assorted cereals & mandarin oranges AM: String cheese with goldfish crackers PM: Cheesy bread with peas	Breakfast: Oatmeal & blueberries AM: Apple slices, string cheese	Breakfast: Biscuits with sausage gravy & pears PM: Peas, hummus, pita bread	Breakfast: Waffles & strawberries AM: Popcorn with grapes (* crackers with pears)	Breakfast: Assorted cereals & pineapple PM: Rice cakes with yogurt
AM: String cheese with goldfish crackers	AM: Wheat Thin crackers with cucumbers (*crackers)	AM: Vanilla wafers with bananas	AM: Ritz crackers with roasted broccoli	AM: Pretzels with green beans (*crackers)
PM: Cheesy bread with peas	PM: Pineapple with graham crackers	PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)	PM: Teddy grahams with mandarin oranges	PM: Peas, hummus, pita bread
21	22	23	24	25
Breakfast: Assorted cereals & peaches AM: Rice cakes with pears	Breakfast: French toast & bananas AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato)	Breakfast: Oatmeal & apple slices AM: Goldfish crackers with bell peppers, zucchini	Breakfast: Cinnamon toast & mixed berries AM: Celery, broccoli (* roasted), hummus, pita bread	Breakfast: Assorted cereals & fruit AM: String cheese with roasted potatoes
PM: Bean and cheese tortillas with olives	PM: Vanilla yogurt with mixed berries	PM: Carrots and cheese cubes (* grated cheese & cucumbers)	PM: Orange slices with popcorn (* crackers)	PM: Fig Newtons with applesauce
28	29	30	01	02
Breakfast: Assorted cereals & pears AM: Green beans with Saltine crackers PM: Soy butter and jam sandwiches with pears	Breakfast: English muffins with jam or soy butter & mandarin AM: Mini bagels with cream cheese, bananas PM: Pretzels, carrots, celery (* cucumbers & crackers)	Breakfast: Bagels with cream cheese & apple slices AM: Roasted cauliflower with Ritz crackers PM: Peas with cheese cubes (* grated cheese)	Country Dawn Lunches All Week - Sovnut & Jam M - Grilled Cheese T - Tuna W - English Muffin Pizzas Th - Turkey & Cheese F - Quesadillas	All breakfasts are served with water and milk. Assorted cereals are also served as a breakfast option each day. Water is served with all snacks. * 30 months and under

Saturday Night Care

April 12th

4:30 – 10:00

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

The deposit is not refundable if you are no show

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour





Sunscreen Consent Form

Child's Name: _____

Brand name and strength of sunscreen you are providing:

**Must be lotion, not aerosol (spray on) sunscreen per
WAC 110-300-0240-2d.**

I authorize Country Dawn staff to administer or assist my child in administering sunscreen , as necessary for protection against sun exposure during outside activities. I understand that this authorization is to remain in effect until resigned by me.

Sunscreen is considered a non-prescription medication and as such may only be administered in accordance with instructions provided by the manufacturer on the label. The sunscreen you provide must be labeled with the child's name. **Sunscreen must be turned into your child's teacher along with this form.** If the sunscreen you provide runs out, Country Dawn will provide Coppertone Kids, SPF 50 until you bring a new sunscreen.

Parent/Guardian printed name _____

Parent/Guardian signature _____ Date _____