



# Preschool April Newsletter

Dear Parents,

I can't believe how fast this school year has gone by. Conferences all went well, and the class is very excited to go to pre-kindergarten in September. I'm so excited that it's now Spring! Even though it's Spring and the weather is getting nicer please remember to bring a coat it's still chilly out. Our themes this month are gardens, frogs, and our Earth.

## Important Dates to Remember:

- Please fill out a sunscreen form and bring in sunscreen. Only lotion sunscreen no aerosol cans.
- Please let me know if your child is going to be gone either through email [countrydawnjessica@gmail.com](mailto:countrydawnjessica@gmail.com) or on ProCare
- Elevate music: 14<sup>th</sup>, 21<sup>st</sup>, and 28<sup>th</sup>
- Spirit Week:
  - Monday 3/31 Sports Day
  - Tuesday 4/1 Princess and Superhero Day
  - Wednesday 4/2 Creative Hair Day
  - Thursday 4/3 Color Wars. Our class color is Yellow
  - Friday 4/4 P.J. Day
- April 7<sup>th</sup>- 11<sup>th</sup>: Spring Break. Please let us know if your child is going to be absent any days.
- April 12<sup>th</sup>: Saturday night care. Sign up at the office with a \$20 cash deposit.
- April 18<sup>th</sup>: All school Easter Egg hunt
- April 20<sup>th</sup>: Happy Easter
- April 21<sup>st</sup>: Happy Birthday Eliana
- April 22<sup>nd</sup>: Earth Day. We will be having a garden party; planting seeds, and each child will be able to plant a hen and chick in a small pot that they will be able to take home.
- April 25<sup>th</sup>: All school assebly

Ms. Jessica and Ms. Azure



# April Menu

# 2025



## MONDAY

31

## TUESDAY

01

Breakfast: English muffins with jam or soy butter & mandarin oranges

AM: Mini bagels with cream cheese, bananas

PM: Pretzels, carrots, celery (\* cucumbers & crackers)

## WEDNESDAY

02

Breakfast: Bagels with cream cheese & apple slices

AM: Roasted cauliflower with Ritz crackers

PM: Peas with cheese cubes (\* grated cheese)

## THURSDAY

03

Breakfast: Scrambled eggs with ham, cheese & pineapple

AM: Goldfish crackers with cucumbers, bell peppers

PM: Vanilla wafers with cantaloupe

## FRIDAY

04

Breakfast: Assorted cereals & applesauce

AM: Graham crackers with grapes (\* pineapple)

PM: Wheat Thin crackers with carrots (\* bell peppers & crackers), hummus

07

Breakfast: Assorted cereals & bananas

AM: Fig Newtons with mandarin oranges

PM: Tuna sandwiches with pickles

08

Breakfast: Oatmeal & blueberries

AM: Turkey cubes with Ritz crackers

PM: Apple slices, string cheese

09

Breakfast: Biscuits with sausage gravy & pears

AM: Tomato slices, zucchini with Saltine crackers

PM: Peas, hummus, pita bread

10

Breakfast: Waffles & strawberries

AM: Cinnamon tortillas with applesauce

PM: Popcorn with grapes (\* crackers with pears)

11

Breakfast: Assorted cereals & pineapple

AM: Cauliflower, broccoli (\* roasted) with ranch, bread sticks

PM: Rice cakes with yogurt

14

Breakfast: Assorted cereals & mandarin oranges

AM: String cheese with goldfish crackers

PM: Cheesy bread with peas

15

Breakfast: Scrambled eggs with ham and cheese & bananas

AM: Wheat Thin crackers with cucumbers (\*crackers)

PM: Pineapple with graham crackers

16

Breakfast: Pancakes & orange slices

AM: Vanilla wafers with bananas

PM: Cheese cubes with Triscuit crackers (\* grated cheese and crackers)

17

Breakfast: Croissants with jam & cantaloupe

AM: Ritz crackers with roasted broccoli

PM: Teddy grahams with mandarin oranges

18

Breakfast: Assorted cereals & strawberries

AM: Pretzels with green beans (\*crackers)

PM: Peas, hummus, pita bread

21

Breakfast: Assorted cereals & peaches

AM: Rice cakes with pears

PM: Bean and cheese tortillas with olives

22

Breakfast: French toast & bananas

AM: Breadsticks with cauliflower, tomato slices, ranch (\* only tomato)

PM: Vanilla yogurt with mixed berries

23

Breakfast: Oatmeal & apple slices

AM: Goldfish crackers with bell peppers, zucchini

PM: Carrots and cheese cubes (\* grated cheese & cucumbers)

24

Breakfast: Cinnamon toast & mixed berries

AM: Celery, broccoli (\* roasted), hummus, pita bread

PM: Orange slices with popcorn (\* crackers)

25

Breakfast: Assorted cereals & fruit

AM: String cheese with roasted potatoes

PM: Fig Newtons with applesauce

28

Breakfast: Assorted cereals & pears

AM: Green beans with Saltine crackers

PM: Soy butter and jam sandwiches with pears

29

Breakfast: English muffins with jam or soy butter & mandarin

AM: Mini bagels with cream cheese, bananas

PM: Pretzels, carrots, celery (\* cucumbers & crackers)

30

Breakfast: Bagels with cream cheese & apple slices

AM: Roasted cauliflower with Ritz crackers

PM: Peas with cheese cubes (\* grated cheese)

01

**Country Dawn Lunches**  
All Week - Sovnut & Jam  
M - Grilled Cheese  
T - Tuna  
W - English Muffin Pizzas  
Th - Turkey & Cheese  
F - Quesadillas

02

All breakfasts are served with water and milk.  
Assorted cereals are also served as a breakfast option each day.  
Water is served with all snacks.  
\* 30 months and under

# Saturday Night Care

**April 12th**

**4:30 – 10:00**

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

**The deposit is not refundable if you are no show**

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour





# Sunscreen Consent Form

Child's Name: \_\_\_\_\_

Brand name and strength of sunscreen you are providing:

\_\_\_\_\_

**Must be lotion, not aerosol (spray on) sunscreen per  
WAC 110-300-0240-2d.**

I authorize Country Dawn staff to administer or assist my child in administering sunscreen , as necessary for protection against sun exposure during outside activities. I understand that this authorization is to remain in effect until resigned by me.

Sunscreen is considered a non-prescription medication and as such may only be administered in accordance with instructions provided by the manufacturer on the label. The sunscreen you provide must be labeled with the child's name. **Sunscreen must be turned into your child's teacher along with this form.** If the sunscreen you provide runs out, Country Dawn will provide Coppertone Kids, SPF 50 until you bring a new sunscreen.

Parent/Guardian printed name \_\_\_\_\_

Parent/Guardian signature \_\_\_\_\_

Date \_\_\_\_\_