



NEWSLETTER

Dear Families,

The month of April brings nature inspired themes and activities to our classroom. There will be lots of hands-on activities to inspire curiosity and foster appreciation for nature and our environment. Spring weather brings much to teach and talk about!

THEMES

Amphibians & reptiles
Easter
Our Earth

BIRTHDAYS

Calvin 13th
Gemma 14th
Dora 14th

IMPORTANT INFORMATION & DATES TO REMEMBER

- Spring break April 7th - April 11th. No school for our school only programs
- We will be giving you our sunscreen form to fill out and return. No aerosol cans please, lotions only.
- April 12th Saturday night care. Please sign up at the front desk with a \$20 cash deposit
- April 17th - Easter Party. I will have a sign up sheet out for snacks/treats
- April 22nd - Earth Day

UPCOMING

Save the Date! Thursday, May 8th for Moms & Muffins

Ms. Natalie

Email me using Procare or countrydawnnatalie@gmail.com

Ph:425-334-5412

April Menu



2025

MONDAY

31

TUESDAY

01

Breakfast: English muffins with jam or soy butter & mandarin oranges

AM: Mini bagels with cream cheese, bananas

PM: Pretzels, carrots, celery (* cucumbers & crackers)

07

Breakfast: Assorted cereals & bananas

AM: Fig Newtons with mandarin oranges

PM: Tuna sandwiches with pickles

14

Breakfast: Assorted cereals & mandarin oranges

AM: String cheese with goldfish crackers

PM: Cheesy bread with peas

21

Breakfast: Assorted cereals & peaches

AM: Rice cakes with pears

PM: Bean and cheese tortillas with olives

28

Breakfast: Assorted cereals & pears

AM: Green beans with Saltine crackers

PM: Soy butter and jam sandwiches with pears

WEDNESDAY

02

Breakfast: Bagels with cream cheese & apple slices

AM: Roasted cauliflower with Ritz crackers

PM: Peas with cheese cubes (* grated cheese)

09

Breakfast: Biscuits with sausage gravy & pears

AM: Tomato slices, zucchini with Saltine crackers

PM: Peas, hummus, pita bread

16

Breakfast: Pancakes & orange slices

AM: Vanilla wafers with bananas

PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)

23

Breakfast: Oatmeal & apple slices

AM: Goldfish crackers with bell peppers, zucchini

PM: Carrots and cheese cubes (* grated cheese & cucumbers)

30

Breakfast: Bagels with cream cheese & apple slices

AM: Roasted cauliflower with Ritz crackers

PM: Peas with cheese cubes (* grated cheese)

THURSDAY

03

Breakfast: Scrambled eggs with ham, cheese & pineapple

AM: Goldfish crackers with cucumbers, bell peppers

PM: Vanilla wafers with cantaloupe

10

Breakfast: Waffles & strawberries

AM: Cinnamon tortillas with applesauce

PM: Popcorn with grapes (* crackers with pears)

17

Breakfast: Croissants with jam & cantaloupe

AM: Ritz crackers with roasted broccoli

PM: Teddy grahams with mandarin oranges

24

Breakfast: Cinnamon toast & mixed berries

AM: Celery, broccoli (* roasted), hummus, pita bread

PM: Orange slices with popcorn (* crackers)

01

Country Dawn Lunches

All Week - Sovnut & Jam

M - Grilled Cheese

T - Tuna

W - English Muffin Pizzas

Th - Turkey & Cheese

F - Quesadillas

FRIDAY

04

Breakfast: Assorted cereals & applesauce

AM: Graham crackers with grapes (* pineapple)

PM: Wheat Thin crackers with carrots (* bell peppers & crackers), hummus

11

Breakfast: Assorted cereals & pineapple

AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks

PM: Rice cakes with yogurt

18

Breakfast: Assorted cereals & strawberries

AM: Pretzels with green beans (*crackers)

PM: Peas, hummus, pita bread

25

Breakfast: Assorted cereals & fruit

AM: String cheese with roasted potatoes

PM: Fig Newtons with applesauce

02

All breakfasts are served with water and milk.

Assorted cereals are also served as a breakfast option each day.

Water is served with all snacks.

* 30 months and under

Saturday Night Care

April 12th

4:30 – 10:00

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

The deposit is not refundable if you are no show

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour





Sunscreen Consent Form

Child's Name: _____

Brand name and strength of sunscreen you are providing:

**Must be lotion, not aerosol (spray on) sunscreen per
WAC 110-300-0240-2d.**

I authorize Country Dawn staff to administer or assist my child in administering sunscreen , as necessary for protection against sun exposure during outside activities. I understand that this authorization is to remain in effect until resigned by me.

Sunscreen is considered a non-prescription medication and as such may only be administered in accordance with instructions provided by the manufacturer on the label. The sunscreen you provide must be labeled with the child's name. **Sunscreen must be turned into your child's teacher along with this form.** If the sunscreen you provide runs out, Country Dawn will provide Coppertone Kids, SPF 50 until you bring a new sunscreen.

Parent/Guardian printed name _____

Parent/Guardian signature _____ Date _____