

## Pre-K April Newsletter



Spring is here! This month we will be working on both letter and number review, continuing simple math and sight words. We will be learning about how we can help care for our Earth. The class will also be helping in the garden. We will be planting veggies and flowers. Hope everyone has a fun Spring Break.



### Easter Party 18th

- The class will have an EGGciting day!
- Egg hunt and Spring crafts.
- Please still pack your child a lunch on class party days.

### Garden Party 22nd

To celebrate Earth Day we will be spending extra time outside in the garden. I encourage your child to dress like a farmer and/or in clothes that are okay to get dirty. Your child can also bring garden gloves or tools if they please. If the weather is nice we will have lunch outside, picnic style!

**Themes:** Gardening, Nature, Our Earth

**Birthday:** Faye 4/9 Liam 4/17 Ms. Vanessa 4/12



### Reminders:

**4/7-4/11:** Spring Break **No School**

**4/12:** Saturday Night Care. Please sign up by calling 425-334-3885

**4/14:** Welcome back

**4/20:** Hoppy Easter!

**4/22:** Earth Day/ Garden Party

Please bring in sunscreen and fill out the attached form.

**NO aerosol cans, lotion only.**



Thank you  
Ms. Jenna

[countrydawnjenna@gmail.com](mailto:countrydawnjenna@gmail.com)

425-334-5412



# April Menu

# 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	01	02	03	04
Breakfast: Assorted cereals & bananas AM: Fig Newtons with mandarin oranges	Breakfast: English muffins with jam or soy butter & mandarin oranges AM: Mini bagels with cream cheese, bananas PM: Pretzels, carrots, celery (* cucumbers & crackers)	Breakfast: Bagels with cream cheese & apple slices AM: Roasted cauliflower with Ritz crackers PM: Peas with cheese cubes (* grated cheese)	Breakfast: Scrambled eggs with ham, cheese & pineapple AM: Goldfish crackers with cucumbers, bell peppers PM: Vanilla wafers with cantaloupe	Breakfast: Assorted cereals & applesauce AM: Graham crackers with grapes (* pineapple) PM: Wheat Thin crackers with carrots (* bell peppers & crackers), hummus
07	08	09	10	11
Breakfast: Assorted cereals & bananas AM: Fig Newtons with mandarin oranges PM: Tuna sandwiches with pickles	Breakfast: Oatmeal & blueberries AM: Turkey cubes with Ritz crackers PM: Apple slices, string cheese	Breakfast: Biscuits with sausage gravy & pears AM: Tomato slices, zucchini with Saltine crackers PM: Peas, hummus, pita bread	Breakfast: Waffles & strawberries AM: Cinnamon tortillas with applesauce PM: Popcorn with grapes (* crackers with pears)	Breakfast: Assorted cereals & pineapple AM: Cauliflower, broccoli (* roasted) with ranch, bread sticks PM: Rice cakes with yogurt
14	15	16	17	18
Breakfast: Assorted cereals & mandarin oranges AM: String cheese with goldfish crackers PM: Cheesy bread with peas	Breakfast: Scrambled eggs with ham and cheese & bananas AM: Wheat Thin crackers with cucumbers (*crackers) PM: Pineapple with graham crackers	Breakfast: Pancakes & orange slices AM: Vanilla wafers with bananas PM: Cheese cubes with Triscuit crackers (* grated cheese and crackers)	Breakfast: Croissants with jam & cantaloupe AM: Ritz crackers with roasted broccoli PM: Teddy grahams with mandarin oranges	Breakfast: Assorted cereals & strawberries AM: Pretzels with green beans (*crackers) PM: Peas, hummus, pita bread
21	22	23	24	25
Breakfast: Assorted cereals & peaches AM: Rice cakes with pears PM: Bean and cheese tortillas with olives	Breakfast: French toast & bananas AM: Breadsticks with cauliflower, tomato slices, ranch (* only tomato) PM: Vanilla yogurt with mixed berries	Breakfast: Oatmeal & apple slices AM: Goldfish crackers with bell peppers, zucchini PM: Carrots and cheese cubes (* grated cheese & cucumbers)	Breakfast: Cinnamon toast & mixed berries AM: Celery, broccoli (* roasted), hummus, pita bread PM: Orange slices with popcorn (* crackers)	Breakfast: Assorted cereals & fruit AM: String cheese with roasted potatoes PM: Fig Newtons with applesauce
28	29	30	01	02
Breakfast: Assorted cereals & pears AM: Green beans with Saltine crackers PM: Soy butter and jam sandwiches with pears	Breakfast: English muffins with jam or soy butter & mandarin AM: Mini bagels with cream cheese, bananas PM: Pretzels, carrots, celery (* cucumbers & crackers)	Breakfast: Bagels with cream cheese & apple slices AM: Roasted cauliflower with Ritz crackers PM: Peas with cheese cubes (* grated cheese)	Country Dawn Lunches All Week - Sovnut & Jam M - Grilled Cheese T - Tuna W - English Muffin Pizzas Th - Turkey & Cheese F - Quesadillas	All breakfasts are served with water and milk. Assorted cereals are also served as a breakfast option each day. Water is served with all snacks. * 30 months and under

# Saturday Night Care

**April 12th**

**4:30 – 10:00**

Dinner is provided around 6:00pm

Bring PJ's if you'd like us to change them and a blanket for movie time

\$20 cash deposit required per family to sign up pay the balance in cash when you pick up at the end of the night

**The deposit is not refundable if you are no show**

1 child - \$10.00 per hour - 2 children- \$15. 00 per hour - 3 children - \$20.00 per hour





# Sunscreen Consent Form

Child's Name: \_\_\_\_\_

Brand name and strength of sunscreen you are providing:

\_\_\_\_\_

**Must be lotion, not aerosol (spray on) sunscreen per  
WAC 110-300-0240-2d.**

I authorize Country Dawn staff to administer or assist my child in administering sunscreen , as necessary for protection against sun exposure during outside activities. I understand that this authorization is to remain in effect until resigned by me.

Sunscreen is considered a non-prescription medication and as such may only be administered in accordance with instructions provided by the manufacturer on the label. The sunscreen you provide must be labeled with the child's name. **Sunscreen must be turned into your child's teacher along with this form.** If the sunscreen you provide runs out, Country Dawn will provide Coppertone Kids, SPF 50 until you bring a new sunscreen.

Parent/Guardian printed name \_\_\_\_\_

Parent/Guardian signature \_\_\_\_\_ Date \_\_\_\_\_